

## Cape Lookout Bight, NC - Mar 2090

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 6:57  | 3.6 | 7:12  | 3.5 | 12:46 | 0.4  | 1:13  | 0.4  | 6:34                                                                                | 6:02 |    |
| 2    | Thu | 7:29  | 3.6 | 7:45  | 3.6 | 1:24  | 0.3  | 1:43  | 0.3  | 6:32                                                                                | 6:03 |    |
| 3    | Fri | 8:01  | 3.5 | 8:20  | 3.6 | 2:00  | 0.3  | 2:14  | 0.3  | 6:31                                                                                | 6:04 |    |
| 4    | Sat | 8:37  | 3.4 | 9:00  | 3.7 | 2:36  | 0.3  | 2:47  | 0.3  | 6:30                                                                                | 6:04 |    |
| 5    | Sun | 9:18  | 3.3 | 9:46  | 3.7 | 3:16  | 0.4  | 3:24  | 0.3  | 6:28                                                                                | 6:05 |    |
| 6    | Mon | 10:06 | 3.2 | 10:37 | 3.8 | 3:59  | 0.4  | 4:05  | 0.3  | 6:27                                                                                | 6:06 |    |
| 7    | Tue | 10:55 | 3.2 | 11:27 | 3.9 | 4:46  | 0.5  | 4:50  | 0.3  | 6:26                                                                                | 6:07 |    |
| 8    | Wed | 11:44 | 3.2 |       |     | 5:37  | 0.5  | 5:40  | 0.2  | 6:24                                                                                | 6:08 |    |
| 9    | Thu | 12:17 | 4.0 | 12:36 | 3.2 | 6:35  | 0.5  | 6:40  | 0.2  | 6:23                                                                                | 6:09 |    |
| 10   | Fri | 1:14  | 4.1 | 1:38  | 3.3 | 7:44  | 0.4  | 7:51  | 0.1  | 6:22                                                                                | 6:10 |    |
| 11   | Sat | 2:18  | 4.2 | 2:44  | 3.5 | 8:48  | 0.2  | 8:57  | -0.1 | 6:20                                                                                | 6:10 |    |
| 12   | Sun | 4:21  | 4.3 | 4:48  | 3.8 | 10:42 | 0.0  | 10:55 | -0.3 | 7:19                                                                                | 7:11 |   |
| 13   | Mon | 5:21  | 4.4 | 5:48  | 4.1 | 11:34 | -0.2 | 11:53 | -0.5 | 7:18                                                                                | 7:12 |  |
| 14   | Tue | 6:20  | 4.6 | 6:46  | 4.5 |       |      | 12:29 | -0.4 | 7:16                                                                                | 7:13 |  |
| 15   | Wed | 7:15  | 4.6 | 7:40  | 4.7 | 12:56 | -0.6 | 1:26  | -0.5 | 7:15                                                                                | 7:14 |  |
| 16   | Thu | 8:05  | 4.6 | 8:30  | 4.9 | 1:57  | -0.6 | 2:18  | -0.6 | 7:14                                                                                | 7:14 |  |
| 17   | Fri | 8:54  | 4.4 | 9:20  | 4.8 | 2:52  | -0.6 | 3:08  | -0.6 | 7:12                                                                                | 7:15 |  |
| 18   | Sat | 9:44  | 4.2 | 10:14 | 4.7 | 3:45  | -0.5 | 3:56  | -0.5 | 7:11                                                                                | 7:16 |  |
| 19   | Sun | 10:41 | 3.9 | 11:13 | 4.5 | 4:39  | -0.3 | 4:47  | -0.2 | 7:09                                                                                | 7:17 |  |
| 20   | Mon | 11:39 | 3.7 |       |     | 5:34  | 0.0  | 5:38  | 0.0  | 7:08                                                                                | 7:18 |  |
| 21   | Tue | 12:10 | 4.3 | 12:33 | 3.4 | 6:29  | 0.3  | 6:31  | 0.3  | 7:07                                                                                | 7:18 |  |
| 22   | Wed | 1:02  | 4.1 | 1:25  | 3.3 | 7:28  | 0.5  | 7:28  | 0.6  | 7:05                                                                                | 7:19 |  |
| 23   | Thu | 1:54  | 3.8 | 2:19  | 3.1 | 8:42  | 0.7  | 8:40  | 0.7  | 7:04                                                                                | 7:20 |  |
| 24   | Fri | 2:52  | 3.6 | 3:20  | 3.0 | 9:47  | 0.8  | 9:46  | 0.7  | 7:03                                                                                | 7:21 |  |
| 25   | Sat | 3:51  | 3.5 | 4:17  | 3.1 | 10:32 | 0.8  | 10:33 | 0.7  | 7:01                                                                                | 7:22 |  |
| 26   | Sun | 4:43  | 3.5 | 5:05  | 3.2 | 11:08 | 0.7  | 11:12 | 0.7  | 7:00                                                                                | 7:22 |  |
| 27   | Mon | 5:29  | 3.5 | 5:49  | 3.3 | 11:41 | 0.7  | 11:52 | 0.6  | 6:58                                                                                | 7:23 |  |
| 28   | Tue | 6:12  | 3.5 | 6:31  | 3.5 |       |      | 12:16 | 0.7  | 6:57                                                                                | 7:24 |  |
| 29   | Wed | 6:52  | 3.6 | 7:09  | 3.7 | 12:35 | 0.6  | 12:53 | 0.6  | 6:56                                                                                | 7:25 |  |
| 30   | Thu | 7:28  | 3.6 | 7:44  | 3.9 | 1:19  | 0.5  | 1:30  | 0.6  | 6:54                                                                                | 7:26 |  |
| 31   | Fri | 8:02  | 3.6 | 8:18  | 4.0 | 2:00  | 0.4  | 2:06  | 0.5  | 6:53                                                                                | 7:26 |  |