

































Coral Bay, Atlantic Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:46	2.1	7:04	1.3	12:27	-0.4	1:49	-0.2	7:14	5:07	
2	Fri	7:42	2.2	8:00	1.4	1:26	-0.5	2:44	-0.3	7:14	5:08	
3	Sat	8:36	2.2	8:55	1.5	2:23	-0.6	3:35	-0.4	7:14	5:08	
4	Sun	9:28	2.2	9:48	1.5	3:18	-0.6	4:25	-0.4	7:14	5:09	
5	Mon	10:18	2.1	10:41	1.5	4:13	-0.6	5:13	-0.4	7:14	5:10	
6	Tue	11:07	1.9	11:34	1.5	5:07	-0.4	6:00	-0.3	7:14	5:11	
7	Wed	11:56	1.8			6:01	-0.2	6:46	-0.2	7:14	5:12	
8	Thu	12:27	1.5	12:44	1.6	6:57	0.0	7:31	-0.1	7:14	5:12	
9	Fri	1:21	1.5	1:33	1.4	7:56	0.2	8:16	0.0	7:14	5:13	
10	Sat	2:17	1.5	2:25	1.2	8:59	0.3	9:03	0.1	7:14	5:14	
11	Sun	3:14	1.5	3:20	1.1	10:06	0.4	9:51	0.2	7:14	5:15	
12	Mon	4:11	1.5	4:18	1.0	11:11	0.4	10:41	0.2	7:14	5:16	
13	Tue	5:05	1.5	5:15	1.0			12:10	0.4	7:14	5:17	
14	Wed	5:56	1.6	6:07	1.0			1:01	0.3	7:13	5:18	
15	Thu	6:42	1.6	6:54	1.1	12:22	0.1	1:46	0.2	7:13	5:19	
16	Fri	7:25	1.7	7:37	1.1	1:08	0.0	2:26	0.1	7:13	5:20	
17	Sat	8:05	1.7	8:17	1.2	1:52	0.0	3:04	0.0	7:13	5:21	
18	Sun	8:43	1.8	8:56	1.2	2:34	-0.1	3:40	0.0	7:12	5:22	
19	Mon	9:20	1.8	9:34	1.3	3:14	-0.2	4:14	-0.1	7:12	5:23	
20	Tue	9:56	1.8	10:13	1.3	3:54	-0.2	4:48	-0.2	7:11	5:24	
21	Wed	10:33	1.7	10:54	1.4	4:36	-0.2	5:22	-0.2	7:11	5:25	
22	Thu	11:11	1.7	11:37	1.5	5:20	-0.2	5:57	-0.2	7:11	5:26	
23	Fri	11:52	1.6			6:08	-0.1	6:35	-0.2	7:10	5:27	
24	Sat	12:24	1.5	12:37	1.4	7:01	0.0	7:17	-0.2	7:10	5:28	
25	Sun	1:17	1.6	1:28	1.3	8:01	0.1	8:05	-0.2	7:09	5:29	
26	Mon	2:16	1.7	2:27	1.2	9:09	0.1	9:00	-0.2	7:08	5:30	
27	Tue	3:21	1.7	3:33	1.1	10:22	0.1	10:03	-0.2	7:08	5:31	
28	Wed	4:28	1.8	4:44	1.1	11:35	0.1	11:10	-0.3	7:07	5:32	
29	Thu	5:35	1.9	5:53	1.2			12:40	-0.1	7:07	5:33	
30	Fri	6:36	1.9	6:55	1.3	12:16	-0.4	1:39	-0.2	7:06	5:34	
31	Sat	7:33	2.0	7:51	1.4	1:19	-0.5	2:31	-0.3	7:05	5:35	