






























Duck, NC - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:37	3.8	8:02	3.9	1:24	-1.0	1:48	-0.9	6:32	5:57	
2	Tue	8:24	3.7	8:52	4.0	2:14	-0.9	2:33	-0.8	6:31	5:58	
3	Wed	9:13	3.4	9:42	3.9	3:07	-0.7	3:20	-0.7	6:30	5:59	
4	Thu	10:01	3.1	10:32	3.7	4:02	-0.4	4:09	-0.4	6:28	6:00	
5	Fri	10:49	2.9	11:23	3.4	4:58	-0.2	5:01	-0.2	6:27	6:01	
6	Sat	11:39	2.6			5:55	0.1	5:55	0.1	6:26	6:02	
7	Sun	12:18	3.1	12:36	2.4	6:58	0.4	6:56	0.3	6:24	6:03	
8	Mon	1:29	2.9	1:55	2.3	8:07	0.5	8:04	0.4	6:23	6:04	
9	Tue	2:44	2.8	3:09	2.3	9:09	0.5	9:08	0.4	6:22	6:05	
10	Wed	3:43	2.8	4:05	2.4	10:04	0.5	10:05	0.4	6:20	6:05	
11	Thu	4:33	2.9	4:53	2.6	10:52	0.4	10:56	0.3	6:19	6:06	
12	Fri	5:17	3.0	5:35	2.8	11:32	0.3	11:41	0.2	6:17	6:07	
13	Sat	5:55	3.1	6:12	3.0			12:05	0.2	6:16	6:08	
14	Sun	7:30	3.1	7:45	3.1	12:19	0.1	1:34	0.0	7:14	7:09	
15	Mon	8:02	3.1	8:17	3.3	1:53	0.0	2:03	-0.1	7:13	7:10	
16	Tue	8:34	3.1	8:49	3.4	2:26	-0.1	2:32	-0.1	7:12	7:11	
17	Wed	9:07	3.0	9:22	3.4	3:00	-0.1	3:04	-0.1	7:10	7:12	
18	Thu	9:42	2.9	10:00	3.5	3:37	-0.1	3:39	-0.1	7:09	7:12	
19	Fri	10:20	2.8	10:40	3.5	4:18	0.0	4:18	0.0	7:07	7:13	
20	Sat	11:02	2.7	11:25	3.4	5:04	0.1	5:03	0.1	7:06	7:14	
21	Sun	11:47	2.7			5:54	0.2	5:54	0.1	7:04	7:15	
22	Mon	12:14	3.4	12:37	2.6	6:49	0.3	6:51	0.2	7:03	7:16	
23	Tue	1:10	3.3	1:39	2.6	7:51	0.3	7:56	0.2	7:01	7:17	
24	Wed	2:19	3.3	2:55	2.7	8:58	0.3	9:06	0.1	7:00	7:18	
25	Thu	3:34	3.3	4:08	2.9	10:02	0.1	10:15	-0.1	6:58	7:18	
26	Fri	4:40	3.4	5:11	3.3	11:01	-0.1	11:21	-0.3	6:57	7:19	
27	Sat	5:41	3.6	6:10	3.6	11:57	-0.3			6:56	7:20	
28	Sun	6:38	3.6	7:04	3.9	12:24	-0.5	12:50	-0.5	6:54	7:21	
29	Mon	7:30	3.7	7:54	4.2	1:21	-0.6	1:37	-0.6	6:53	7:22	
30	Tue	8:18	3.6	8:41	4.2	2:12	-0.7	2:21	-0.6	6:51	7:23	
31	Wed	9:04	3.5	9:27	4.2	3:00	-0.7	3:05	-0.5	6:50	7:24	