

Hampstead, NC - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:04	3.0	8:37	3.9	2:35	0.7	2:16	0.3	6:20	8:11	
2	Sun	8:49	3.1	9:18	3.8	3:18	0.7	3:03	0.4	6:21	8:10	
3	Mon	9:34	3.1	9:58	3.7	3:58	0.6	3:48	0.5	6:21	8:09	
4	Tue	10:19	3.1	10:38	3.6	4:34	0.6	4:30	0.6	6:22	8:08	
5	Wed	11:04	3.2	11:18	3.5	5:10	0.5	5:12	0.7	6:23	8:07	
6	Thu	11:51	3.2	11:59	3.3	5:46	0.5	5:56	0.8	6:24	8:06	
7	Fri			12:39	3.3	6:23	0.5	6:45	1.0	6:24	8:05	
8	Sat	12:43	3.2	1:26	3.5	7:05	0.5	7:40	1.0	6:25	8:04	
9	Sun	1:29	3.1	2:13	3.6	7:51	0.5	8:40	1.0	6:26	8:03	
10	Mon	2:16	3.0	3:00	3.8	8:41	0.5	9:41	1.0	6:27	8:02	
11	Tue	3:06	3.0	3:52	4.0	9:35	0.4	10:40	0.8	6:27	8:01	
12	Wed	4:01	3.0	4:49	4.2	10:31	0.3	11:37	0.7	6:28	8:00	
13	Thu	5:01	3.0	5:48	4.4	11:27	0.1			6:29	7:59	
14	Fri	6:03	3.1	6:45	4.6	12:32	0.5	12:24	0.0	6:30	7:58	
15	Sat	7:01	3.3	7:39	4.7	1:27	0.4	1:22	-0.1	6:30	7:57	
16	Sun	7:56	3.5	8:32	4.7	2:22	0.2	2:22	-0.2	6:31	7:56	
17	Mon	8:51	3.7	9:24	4.7	3:16	0.1	3:22	-0.2	6:32	7:55	
18	Tue	9:46	3.9	10:15	4.5	4:05	-0.1	4:19	-0.1	6:32	7:54	
19	Wed	10:42	4.1	11:07	4.2	4:52	-0.1	5:15	0.0	6:33	7:52	
20	Thu	11:39	4.2			5:38	-0.1	6:11	0.2	6:34	7:51	
21	Fri	12:00	3.9	12:37	4.3	6:25	0.0	7:10	0.5	6:35	7:50	
22	Sat	12:53	3.6	1:33	4.3	7:14	0.1	8:11	0.7	6:35	7:49	
23	Sun	1:46	3.4	2:26	4.2	8:06	0.2	9:12	0.8	6:36	7:48	
24	Mon	2:36	3.3	3:18	4.2	8:59	0.3	10:10	1.0	6:37	7:46	
25	Tue	3:25	3.2	4:10	4.1	9:52	0.4	11:02	1.0	6:37	7:45	
26	Wed	4:16	3.1	5:04	4.0	10:43	0.4	11:48	1.0	6:38	7:44	
27	Thu	5:10	3.2	5:56	4.0	11:31	0.5			6:39	7:43	
28	Fri	6:02	3.2	6:44	4.0	12:32	1.0	12:17	0.5	6:40	7:41	
29	Sat	6:52	3.3	7:28	4.0	1:14	1.0	1:04	0.5	6:40	7:40	
30	Sun	7:39	3.4	8:10	3.9	1:57	1.0	1:51	0.6	6:41	7:39	
31	Mon	8:24	3.5	8:49	3.9	2:39	0.9	2:39	0.7	6:42	7:37	