

Hampstead, NC - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:57	3.2			6:08	0.0	6:11	0.3	6:01	8:25	
2	Fri	12:11	3.8	12:52	3.4	6:56	-0.1	7:08	0.3	6:02	8:25	
3	Sat	1:04	3.7	1:46	3.6	7:46	-0.1	8:10	0.4	6:02	8:25	
4	Sun	1:57	3.6	2:40	3.8	8:40	-0.2	9:14	0.4	6:02	8:25	
5	Mon	2:51	3.5	3:35	4.0	9:33	-0.3	10:16	0.3	6:03	8:25	
6	Tue	3:46	3.4	4:32	4.2	10:28	-0.4	11:17	0.2	6:03	8:24	
7	Wed	4:45	3.3	5:31	4.3	11:21	-0.4			6:04	8:24	
8	Thu	5:45	3.3	6:28	4.4	12:14	0.1	12:15	-0.4	6:05	8:24	
9	Fri	6:43	3.3	7:22	4.5	1:10	0.1	1:09	-0.4	6:05	8:24	
10	Sat	7:38	3.3	8:13	4.5	2:06	0.0	2:04	-0.4	6:06	8:23	
11	Sun	8:30	3.3	9:02	4.4	3:00	0.0	2:58	-0.3	6:06	8:23	
12	Mon	9:21	3.3	9:51	4.2	3:50	0.0	3:50	-0.1	6:07	8:23	
13	Tue	10:12	3.3	10:38	4.0	4:35	0.0	4:38	0.0	6:07	8:22	
14	Wed	11:02	3.3	11:25	3.8	5:17	0.1	5:23	0.2	6:08	8:22	
15	Thu	11:53	3.2			5:57	0.2	6:09	0.4	6:09	8:22	
16	Fri	12:13	3.6	12:44	3.3	6:38	0.3	6:57	0.6	6:09	8:21	
17	Sat	1:00	3.4	1:33	3.3	7:19	0.3	7:49	0.8	6:10	8:21	
18	Sun	1:46	3.3	2:20	3.4	8:03	0.4	8:42	0.9	6:11	8:20	
19	Mon	2:32	3.1	3:07	3.5	8:48	0.3	9:36	0.9	6:11	8:20	
20	Tue	3:17	3.0	3:54	3.6	9:35	0.3	10:28	0.8	6:12	8:19	
21	Wed	4:05	3.0	4:45	3.7	10:22	0.2	11:19	0.7	6:13	8:18	
22	Thu	4:57	3.0	5:37	3.8	11:11	0.1			6:13	8:18	
23	Fri	5:49	3.0	6:26	3.9	12:08	0.7	11:59 AM	0.1	6:14	8:17	
24	Sat	6:40	3.1	7:13	4.0	12:58	0.6	12:49	0.0	6:15	8:17	
25	Sun	7:29	3.1	7:58	4.1	1:48	0.4	1:40	0.0	6:15	8:16	
26	Mon	8:16	3.2	8:43	4.2	2:39	0.3	2:33	0.0	6:16	8:15	
27	Tue	9:04	3.3	9:27	4.2	3:28	0.2	3:25	0.0	6:17	8:14	
28	Wed	9:52	3.4	10:13	4.1	4:14	0.0	4:16	0.1	6:18	8:14	
29	Thu	10:43	3.5	11:01	4.0	4:59	-0.1	5:07	0.1	6:18	8:13	
30	Fri	11:36	3.7	11:52	3.9	5:44	-0.1	5:59	0.2	6:19	8:12	
31	Sat			12:32	3.8	6:32	-0.1	6:56	0.3	6:20	8:11	