

Hampstead, NC - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:47	3.7	1:29	4.0	7:23	-0.1	7:58	0.4	6:20	8:10	
2	Mon	1:41	3.6	2:23	4.1	8:17	-0.1	9:01	0.5	6:21	8:10	
3	Tue	2:35	3.5	3:18	4.3	9:13	-0.2	10:02	0.5	6:22	8:09	
4	Wed	3:30	3.4	4:14	4.3	10:09	-0.2	11:01	0.4	6:23	8:08	
5	Thu	4:27	3.4	5:12	4.4	11:04	-0.2	11:56	0.4	6:23	8:07	
6	Fri	5:26	3.4	6:09	4.4	11:58	-0.2			6:24	8:06	
7	Sat	6:23	3.4	7:02	4.4	12:49	0.3	12:51	-0.1	6:25	8:05	
8	Sun	7:17	3.5	7:51	4.4	1:41	0.3	1:44	0.0	6:26	8:04	
9	Mon	8:08	3.5	8:38	4.3	2:32	0.3	2:36	0.1	6:26	8:03	
10	Tue	8:57	3.6	9:24	4.1	3:20	0.3	3:27	0.2	6:27	8:02	
11	Wed	9:44	3.6	10:08	4.0	4:03	0.3	4:13	0.3	6:28	8:01	
12	Thu	10:31	3.5	10:52	3.8	4:42	0.3	4:56	0.5	6:28	8:00	
13	Fri	11:18	3.5	11:37	3.6	5:20	0.4	5:39	0.7	6:29	7:59	
14	Sat			12:07	3.5	5:57	0.5	6:23	0.8	6:30	7:58	
15	Sun	12:24	3.5	12:56	3.6	6:35	0.5	7:11	1.0	6:31	7:56	
16	Mon	1:11	3.3	1:43	3.6	7:18	0.6	8:03	1.1	6:31	7:55	
17	Tue	1:57	3.2	2:30	3.7	8:05	0.6	8:57	1.1	6:32	7:54	
18	Wed	2:43	3.2	3:17	3.8	8:55	0.5	9:51	1.0	6:33	7:53	
19	Thu	3:29	3.2	4:06	3.8	9:46	0.5	10:44	0.9	6:34	7:52	
20	Fri	4:20	3.2	4:58	3.9	10:38	0.4	11:35	0.8	6:34	7:51	
21	Sat	5:14	3.3	5:51	4.1	11:30	0.3			6:35	7:49	
22	Sun	6:08	3.4	6:41	4.2	12:25	0.7	12:22	0.2	6:36	7:48	
23	Mon	6:59	3.5	7:29	4.3	1:15	0.5	1:15	0.2	6:36	7:47	
24	Tue	7:49	3.7	8:15	4.4	2:06	0.4	2:10	0.2	6:37	7:46	
25	Wed	8:39	3.9	9:02	4.4	2:57	0.2	3:06	0.1	6:38	7:44	
26	Thu	9:29	4.0	9:50	4.3	3:46	0.1	4:00	0.1	6:39	7:43	
27	Fri	10:21	4.2	10:40	4.2	4:33	0.0	4:53	0.2	6:39	7:42	
28	Sat	11:15	4.3	11:33	4.0	5:19	-0.1	5:47	0.3	6:40	7:41	
29	Sun			12:12	4.4	6:07	0.0	6:44	0.4	6:41	7:39	
30	Mon	12:29	3.8	1:09	4.4	6:59	0.0	7:44	0.6	6:41	7:38	
31	Tue	1:25	3.7	2:06	4.5	7:55	0.1	8:46	0.6	6:42	7:37	