

Hampstead, NC - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:25	3.7	3:51	3.8	10:02	0.7	10:25	0.6	6:29	5:16	
2	Tue	4:19	3.8	4:42	3.7	10:52	0.7	11:07	0.6	6:30	5:15	
3	Wed	5:10	3.9	5:30	3.7	11:39	0.7	11:48	0.5	6:31	5:14	
4	Thu	5:57	4.0	6:15	3.6			12:26	0.7	6:32	5:14	
5	Fri	6:42	4.0	6:58	3.6	12:29	0.5	1:12	0.7	6:33	5:13	
6	Sat	7:24	4.1	7:41	3.5	1:12	0.5	1:58	0.7	6:34	5:12	
7	Sun	8:06	4.1	8:23	3.5	1:55	0.4	2:42	0.7	6:35	5:11	
8	Mon	8:47	4.1	9:04	3.4	2:37	0.4	3:23	0.7	6:36	5:10	
9	Tue	9:28	4.0	9:46	3.3	3:17	0.4	4:03	0.7	6:37	5:09	
10	Wed	10:09	3.9	10:30	3.2	3:56	0.5	4:44	0.7	6:38	5:09	
11	Thu	10:52	3.9	11:17	3.2	4:36	0.5	5:28	0.8	6:39	5:08	
12	Fri	11:39	3.8			5:20	0.6	6:17	0.7	6:40	5:07	
13	Sat	12:07	3.2	12:27	3.8	6:11	0.7	7:09	0.7	6:41	5:07	
14	Sun	12:57	3.3	1:16	3.8	7:09	0.7	8:03	0.6	6:42	5:06	
15	Mon	1:49	3.4	2:07	3.8	8:12	0.6	8:57	0.4	6:42	5:05	
16	Tue	2:43	3.6	3:02	3.8	9:14	0.5	9:50	0.2	6:43	5:05	
17	Wed	3:41	3.8	4:02	3.8	10:16	0.4	10:42	0.0	6:44	5:04	
18	Thu	4:41	4.1	5:02	3.8	11:16	0.2	11:34	-0.2	6:45	5:04	
19	Fri	5:38	4.4	5:59	3.8			12:15	0.1	6:46	5:03	
20	Sat	6:33	4.7	6:53	3.8	12:27	-0.3	1:15	-0.1	6:47	5:03	
21	Sun	7:27	4.8	7:47	3.7	1:22	-0.4	2:13	-0.2	6:48	5:02	
22	Mon	8:21	4.9	8:40	3.7	2:17	-0.5	3:07	-0.2	6:49	5:02	
23	Tue	9:14	4.8	9:33	3.6	3:10	-0.5	3:59	-0.2	6:50	5:01	
24	Wed	10:08	4.6	10:28	3.5	4:01	-0.4	4:49	-0.1	6:51	5:01	
25	Thu	11:02	4.4	11:24	3.4	4:52	-0.2	5:39	0.1	6:52	5:01	
26	Fri	11:56	4.1			5:46	0.0	6:31	0.3	6:53	5:01	
27	Sat	12:19	3.4	12:48	3.9	6:42	0.2	7:23	0.4	6:54	5:00	
28	Sun	1:12	3.3	1:37	3.6	7:40	0.4	8:13	0.4	6:55	5:00	
29	Mon	2:03	3.3	2:24	3.4	8:37	0.5	9:01	0.4	6:55	5:00	
30	Tue	2:54	3.4	3:14	3.3	9:32	0.6	9:46	0.4	6:56	5:00	