

Hampstead, NC - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:47	3.4	4:05	3.1	10:23	0.6	10:29	0.3	6:57	5:00	
2	Thu	4:40	3.5	4:56	3.1	11:11	0.6	11:11	0.2	6:58	5:00	
3	Fri	5:30	3.6	5:44	3.1	11:58	0.5	11:54	0.1	6:59	4:59	
4	Sat	6:16	3.7	6:30	3.1			12:45	0.5	7:00	4:59	
5	Sun	7:00	3.8	7:15	3.1	12:39	0.1	1:32	0.4	7:01	4:59	
6	Mon	7:43	3.8	7:57	3.1	1:25	0.0	2:18	0.3	7:01	4:59	
7	Tue	8:24	3.8	8:39	3.1	2:11	0.0	3:01	0.3	7:02	5:00	
8	Wed	9:03	3.8	9:21	3.0	2:54	0.0	3:42	0.2	7:03	5:00	
9	Thu	9:43	3.7	10:04	3.0	3:35	0.0	4:22	0.2	7:04	5:00	
10	Fri	10:24	3.6	10:50	3.0	4:16	0.1	5:04	0.2	7:05	5:00	
11	Sat	11:08	3.6	11:40	3.0	4:59	0.2	5:49	0.2	7:05	5:00	
12	Sun	11:56	3.5			5:48	0.2	6:38	0.1	7:06	5:00	
13	Mon	12:31	3.1	12:46	3.5	6:46	0.3	7:31	0.0	7:07	5:01	
14	Tue	1:23	3.3	1:38	3.4	7:49	0.3	8:25	-0.1	7:07	5:01	
15	Wed	2:18	3.4	2:34	3.3	8:54	0.2	9:20	-0.2	7:08	5:01	
16	Thu	3:16	3.6	3:34	3.2	9:58	0.1	10:15	-0.4	7:09	5:02	
17	Fri	4:18	3.9	4:37	3.2	10:59	0.0	11:10	-0.5	7:09	5:02	
18	Sat	5:18	4.1	5:37	3.2	11:59	-0.2			7:10	5:02	
19	Sun	6:16	4.3	6:34	3.3	12:05	-0.7	12:58	-0.3	7:10	5:03	
20	Mon	7:10	4.4	7:28	3.3	1:02	-0.8	1:56	-0.4	7:11	5:03	
21	Tue	8:03	4.4	8:21	3.3	1:58	-0.8	2:49	-0.5	7:11	5:04	
22	Wed	8:55	4.4	9:13	3.3	2:52	-0.8	3:38	-0.5	7:12	5:04	
23	Thu	9:45	4.2	10:04	3.2	3:42	-0.7	4:24	-0.4	7:12	5:05	
24	Fri	10:35	3.9	10:56	3.2	4:30	-0.6	5:09	-0.3	7:13	5:05	
25	Sat	11:25	3.6	11:49	3.1	5:19	-0.3	5:54	-0.1	7:13	5:06	
26	Sun			12:14	3.4	6:10	0.0	6:40	0.0	7:14	5:06	
27	Mon	12:40	3.1	1:01	3.1	7:03	0.2	7:27	0.1	7:14	5:07	
28	Tue	1:29	3.0	1:47	2.9	7:58	0.4	8:13	0.1	7:14	5:08	
29	Wed	2:18	3.0	2:35	2.8	8:54	0.4	9:00	0.1	7:15	5:08	
30	Thu	3:09	3.1	3:25	2.6	9:47	0.5	9:47	0.0	7:15	5:09	
31	Fri	4:03	3.1	4:19	2.6	10:38	0.4			7:15	5:10	