

Hampstead, NC - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:42	3.1	6:21	3.9	12:11	0.4	12:03	0.0	6:01	8:25	
2	Sun	6:32	3.0	7:07	3.9	12:58	0.5	12:46	0.0	6:01	8:25	
3	Mon	7:19	3.0	7:50	3.9	1:44	0.5	1:30	0.1	6:02	8:25	
4	Tue	8:05	3.0	8:33	3.9	2:29	0.4	2:15	0.1	6:02	8:25	
5	Wed	8:49	3.0	9:15	3.9	3:14	0.4	3:00	0.2	6:03	8:25	
6	Thu	9:33	3.0	9:56	3.8	3:55	0.4	3:44	0.2	6:03	8:24	
7	Fri	10:18	3.0	10:36	3.7	4:35	0.3	4:26	0.3	6:04	8:24	
8	Sat	11:03	3.0	11:18	3.6	5:14	0.3	5:08	0.4	6:04	8:24	
9	Sun	11:50	3.0			5:53	0.3	5:51	0.5	6:05	8:24	
10	Mon	12:01	3.5	12:39	3.0	6:35	0.3	6:38	0.6	6:05	8:24	
11	Tue	12:46	3.4	1:27	3.2	7:20	0.3	7:33	0.7	6:06	8:23	
12	Wed	1:32	3.3	2:15	3.3	8:08	0.2	8:33	0.7	6:07	8:23	
13	Thu	2:20	3.3	3:03	3.6	8:59	0.1	9:34	0.6	6:07	8:23	
14	Fri	3:10	3.3	3:55	3.8	9:51	0.0	10:34	0.5	6:08	8:22	
15	Sat	4:05	3.2	4:51	4.0	10:43	-0.1	11:32	0.3	6:08	8:22	
16	Sun	5:04	3.2	5:48	4.3	11:37	-0.2			6:09	8:21	
17	Mon	6:05	3.3	6:45	4.5	12:29	0.1	12:31	-0.4	6:10	8:21	
18	Tue	7:03	3.4	7:39	4.7	1:27	0.0	1:27	-0.4	6:10	8:20	
19	Wed	7:59	3.5	8:33	4.8	2:24	-0.2	2:26	-0.5	6:11	8:20	
20	Thu	8:54	3.6	9:26	4.7	3:21	-0.3	3:24	-0.5	6:12	8:19	
21	Fri	9:49	3.7	10:20	4.6	4:13	-0.4	4:20	-0.5	6:12	8:19	
22	Sat	10:46	3.7	11:13	4.4	5:03	-0.4	5:15	-0.3	6:13	8:18	
23	Sun	11:43	3.7			5:52	-0.3	6:10	-0.1	6:14	8:18	
24	Mon	12:08	4.1	12:41	3.8	6:42	-0.2	7:07	0.1	6:14	8:17	
25	Tue	1:01	3.9	1:37	3.8	7:32	-0.1	8:06	0.4	6:15	8:16	
26	Wed	1:53	3.6	2:30	3.8	8:23	0.0	9:05	0.5	6:16	8:16	
27	Thu	2:41	3.5	3:19	3.8	9:13	0.1	10:02	0.6	6:16	8:15	
28	Fri	3:29	3.3	4:09	3.8	10:00	0.1	10:53	0.7	6:17	8:14	
29	Sat	4:19	3.2	5:00	3.8	10:46	0.2	11:41	0.7	6:18	8:13	
30	Sun	5:10	3.1	5:50	3.9	11:30	0.2			6:19	8:13	
31	Mon	6:01	3.1	6:38	3.9	12:25	0.7	12:14	0.2	6:19	8:12	