

Hampstead, NC - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:49	3.2	7:23	3.9	1:09	0.7	12:59	0.2	6:20	8:11	
2	Wed	7:36	3.2	8:06	4.0	1:54	0.6	1:45	0.3	6:21	8:10	
3	Thu	8:21	3.2	8:48	3.9	2:40	0.6	2:32	0.3	6:22	8:09	
4	Fri	9:06	3.3	9:29	3.9	3:24	0.5	3:20	0.4	6:22	8:08	
5	Sat	9:50	3.3	10:08	3.8	4:05	0.4	4:05	0.4	6:23	8:07	
6	Sun	10:34	3.3	10:48	3.7	4:45	0.4	4:48	0.5	6:24	8:06	
7	Mon	11:20	3.3	11:30	3.6	5:25	0.4	5:32	0.6	6:24	8:05	
8	Tue			12:07	3.4	6:05	0.4	6:19	0.7	6:25	8:04	
9	Wed	12:16	3.5	12:57	3.5	6:49	0.3	7:12	0.8	6:26	8:03	
10	Thu	1:04	3.4	1:46	3.7	7:37	0.3	8:11	0.8	6:27	8:02	
11	Fri	1:55	3.4	2:36	3.9	8:29	0.3	9:12	0.7	6:27	8:01	
12	Sat	2:46	3.4	3:29	4.1	9:23	0.2	10:13	0.6	6:28	8:00	
13	Sun	3:41	3.4	4:25	4.3	10:19	0.1	11:11	0.4	6:29	7:59	
14	Mon	4:41	3.4	5:24	4.5	11:15	-0.1			6:30	7:58	
15	Tue	5:43	3.5	6:23	4.7	12:08	0.3	12:12	-0.2	6:30	7:57	
16	Wed	6:42	3.7	7:19	4.8	1:04	0.1	1:09	-0.3	6:31	7:56	
17	Thu	7:39	3.8	8:12	4.8	2:00	0.0	2:08	-0.3	6:32	7:55	
18	Fri	8:34	4.0	9:05	4.7	2:56	-0.1	3:07	-0.3	6:32	7:54	
19	Sat	9:28	4.1	9:57	4.6	3:48	-0.1	4:03	-0.2	6:33	7:52	
20	Sun	10:23	4.1	10:49	4.4	4:37	-0.2	4:57	-0.1	6:34	7:51	
21	Mon	11:18	4.1	11:41	4.1	5:24	-0.1	5:49	0.2	6:35	7:50	
22	Tue			12:13	4.1	6:10	0.0	6:43	0.4	6:35	7:49	
23	Wed	12:33	3.9	1:08	4.0	6:57	0.2	7:38	0.7	6:36	7:48	
24	Thu	1:24	3.7	1:59	4.0	7:46	0.3	8:34	0.8	6:37	7:46	
25	Fri	2:13	3.5	2:48	4.0	8:35	0.5	9:28	0.9	6:38	7:45	
26	Sat	3:00	3.4	3:36	3.9	9:23	0.5	10:19	1.0	6:38	7:44	
27	Sun	3:48	3.3	4:26	3.9	10:11	0.5	11:06	1.0	6:39	7:42	
28	Mon	4:38	3.3	5:16	3.9	10:58	0.5	11:50	1.0	6:40	7:41	
29	Tue	5:30	3.4	6:06	4.0	11:44	0.5			6:40	7:40	
30	Wed	6:20	3.4	6:53	4.0	12:34	0.9	12:30	0.5	6:41	7:39	
31	Thu	7:08	3.5	7:37	4.1	1:18	0.8	1:18	0.5	6:42	7:37	