

Hampstead, NC - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:09	4.2	10:31	3.3	4:05	-0.9	4:48	-0.7	7:15	5:10	
2	Tue	11:02	4.0	11:27	3.3	4:57	-0.8	5:38	-0.6	7:15	5:11	
3	Wed	11:56	3.8			5:53	-0.6	6:30	-0.5	7:15	5:12	
4	Thu	12:24	3.3	12:49	3.5	6:53	-0.4	7:24	-0.4	7:16	5:13	
5	Fri	1:20	3.3	1:41	3.3	7:55	-0.2	8:18	-0.4	7:16	5:13	
6	Sat	2:14	3.3	2:32	3.1	8:57	0.0	9:11	-0.4	7:16	5:14	
7	Sun	3:10	3.3	3:26	2.9	9:57	0.1	10:03	-0.4	7:16	5:15	
8	Mon	4:08	3.3	4:22	2.8	10:52	0.1	10:52	-0.3	7:16	5:16	
9	Tue	5:04	3.3	5:17	2.7	11:43	0.1	11:39	-0.3	7:16	5:17	
10	Wed	5:55	3.4	6:07	2.7			12:32	0.1	7:16	5:18	
11	Thu	6:42	3.4	6:54	2.8	12:25	-0.3	1:19	0.0	7:16	5:19	
12	Fri	7:25	3.5	7:38	2.8	1:11	-0.3	2:03	0.0	7:16	5:19	
13	Sat	8:07	3.5	8:21	2.8	1:56	-0.4	2:44	-0.1	7:15	5:20	
14	Sun	8:48	3.4	9:03	2.8	2:38	-0.4	3:22	-0.1	7:15	5:21	
15	Mon	9:27	3.3	9:45	2.8	3:17	-0.3	3:58	-0.1	7:15	5:22	
16	Tue	10:07	3.2	10:27	2.7	3:55	-0.3	4:34	-0.1	7:15	5:23	
17	Wed	10:47	3.1	11:11	2.7	4:34	-0.2	5:11	-0.1	7:14	5:24	
18	Thu	11:28	3.0	11:57	2.7	5:15	0.0	5:52	-0.1	7:14	5:25	
19	Fri			12:11	2.9	6:02	0.1	6:38	-0.1	7:14	5:26	
20	Sat	12:44	2.8	12:56	2.8	6:58	0.2	7:28	-0.1	7:13	5:27	
21	Sun	1:33	2.9	1:44	2.7	7:59	0.2	8:23	-0.1	7:13	5:28	
22	Mon	2:25	3.0	2:38	2.6	9:03	0.2	9:19	-0.2	7:13	5:29	
23	Tue	3:22	3.2	3:40	2.6	10:06	0.1	10:16	-0.4	7:12	5:30	
24	Wed	4:24	3.4	4:44	2.7	11:06	-0.1	11:13	-0.6	7:12	5:31	
25	Thu	5:24	3.7	5:44	2.8			12:04	-0.3	7:11	5:32	
26	Fri	6:21	3.9	6:40	3.0	12:09	-0.8	1:01	-0.5	7:11	5:33	
27	Sat	7:14	4.1	7:33	3.2	1:07	-1.0	1:57	-0.7	7:10	5:34	
28	Sun	8:07	4.2	8:26	3.3	2:04	-1.1	2:49	-0.9	7:09	5:35	
29	Mon	8:58	4.2	9:18	3.4	2:58	-1.2	3:38	-1.0	7:09	5:36	
30	Tue	9:49	4.1	10:11	3.5	3:50	-1.2	4:24	-1.0	7:08	5:37	
31	Wed	10:40	3.8	11:05	3.4	4:41	-1.0	5:12	-0.9	7:07	5:38	