

Hampstead, NC - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:07	4.2	5:33	4.3	11:42	0.2			6:29	5:17	
2	Fri	6:03	4.5	6:27	4.3	12:05	0.0	12:40	0.1	6:30	5:16	
3	Sat	6:57	4.7	7:19	4.2	12:57	-0.1	1:38	0.0	6:31	5:15	
4	Sun	7:48	4.7	8:09	4.1	1:48	-0.1	2:34	0.1	6:31	5:14	
5	Mon	8:39	4.7	8:59	3.9	2:38	-0.1	3:25	0.1	6:32	5:13	
6	Tue	9:29	4.6	9:49	3.7	3:25	0.0	4:13	0.3	6:33	5:12	
7	Wed	10:19	4.4	10:40	3.5	4:10	0.1	5:00	0.4	6:34	5:12	
8	Thu	11:10	4.2	11:31	3.4	4:55	0.3	5:48	0.6	6:35	5:11	
9	Fri			12:00	4.0	5:41	0.5	6:37	0.8	6:36	5:10	
10	Sat	12:22	3.3	12:50	3.9	6:30	0.7	7:26	0.9	6:37	5:09	
11	Sun	1:11	3.3	1:37	3.7	7:23	0.8	8:15	0.9	6:38	5:08	
12	Mon	2:00	3.3	2:24	3.6	8:16	0.8	9:02	0.9	6:39	5:08	
13	Tue	2:49	3.3	3:14	3.5	9:10	0.8	9:47	0.7	6:40	5:07	
14	Wed	3:42	3.4	4:05	3.5	10:02	0.8	10:31	0.6	6:41	5:06	
15	Thu	4:35	3.6	4:56	3.4	10:53	0.7	11:15	0.5	6:42	5:06	
16	Fri	5:26	3.7	5:44	3.4	11:43	0.6			6:43	5:05	
17	Sat	6:13	3.9	6:29	3.4	12:00	0.4	12:34	0.6	6:44	5:05	
18	Sun	6:58	4.0	7:13	3.4	12:46	0.2	1:25	0.5	6:45	5:04	
19	Mon	7:42	4.1	7:56	3.4	1:33	0.2	2:15	0.4	6:46	5:04	
20	Tue	8:24	4.2	8:39	3.4	2:20	0.1	3:03	0.3	6:47	5:03	
21	Wed	9:08	4.2	9:23	3.3	3:05	0.1	3:48	0.3	6:47	5:03	
22	Thu	9:53	4.2	10:11	3.2	3:49	0.1	4:34	0.3	6:48	5:02	
23	Fri	10:42	4.2	11:04	3.2	4:34	0.1	5:22	0.3	6:49	5:02	
24	Sat	11:34	4.1	11:59	3.3	5:24	0.2	6:15	0.3	6:50	5:01	
25	Sun			12:28	4.1	6:20	0.3	7:11	0.2	6:51	5:01	
26	Mon	12:56	3.3	1:22	4.0	7:22	0.3	8:07	0.1	6:52	5:01	
27	Tue	1:51	3.5	2:17	3.9	8:26	0.3	9:03	0.0	6:53	5:00	
28	Wed	2:49	3.6	3:14	3.8	9:29	0.2	9:57	-0.1	6:54	5:00	
29	Thu	3:49	3.8	4:13	3.7	10:30	0.1	10:49	-0.2	6:55	5:00	
30	Fri	4:50	4.0	5:11	3.7	11:29	0.0	11:41	-0.3	6:56	5:00	