US HARBORS www.USHarbors.com

Hampstead, NC - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:56	3.4	9:28	4.7	3:24	-0.3	3:24	-0.5	6:01	8:25	
2	Tue	9:51	3.4	10:21	4.6	4:17	-0.4	4:19	-0.5	6:02	8:25	
3	Wed	10:47	3.5	11:15	4.4	5:07	-0.4	5:14	-0.4	6:02	8:25	
4	Thu	11:45	3.6			5:57	-0.4	6:09	-0.2	6:03	8:25	
5	Fri	12:11	4.2	12:44	3.6	6:48	-0.4	7:08	0.0	6:03	8:25	
6	Sat	1:06	4.0	1:42	3.7	7:41	-0.3	8:10	0.2	6:04	8:24	
7	Sun	1:58	3.7	2:36	3.8	8:33	-0.2	9:12	0.3	6:04	8:24	
8	Mon	2:49	3.5	3:28	3.8	9:25	-0.2	10:11	0.4	6:05	8:24	
9	Tue	3:39	3.3	4:21	3.9	10:15	-0.1	11:06	0.4	6:05	8:24	
10	Wed	4:31	3.2	5:14	3.9	11:02	-0.1	11:56	0.5	6:06	8:23	
11	Thu	5:23	3.1	6:05	3.9	11:47	0.0			6:06	8:23	
12	Fri	6:14	3.1	6:52	3.9	12:43	0.5	12:31	0.0	6:07	8:23	
13	Sat	7:03	3.1	7:36	3.9	1:29	0.5	1:15	0.1	6:08	8:22	
14	Sun	7:49	3.1	8:19	3.9	2:15	0.5	2:01	0.1	6:08	8:22	
15	Mon	8:35	3.1	9:01	3.9	2:59	0.5	2:47	0.2	6:09	8:22	
16	Tue	9:19	3.1	9:43	3.8	3:41	0.4	3:32	0.3	6:09	8:21	
17	Wed	10:04	3.1	10:23	3.7	4:21	0.4	4:15	0.3	6:10	8:21	
18	Thu	10:49	3.1	11:04	3.6	4:59	0.3	4:56	0.4	6:11	8:20	
19	Fri	11:35	3.1	11:47	3.5	5:38	0.3	5:39	0.6	6:11	8:20	
20	Sat			12:23	3.1	6:18	0.3	6:25	0.7	6:12	8:19	
21	Sun	12:31	3.4	1:11	3.2	7:01	0.3	7:18	0.8	6:13	8:18	
22	Mon	1:17	3.3	1:59	3.4	7:48	0.3	8:16	0.8	6:13	8:18	
23	Tue	2:04	3.3	2:47	3.6	8:38	0.2	9:16	0.7	6:14	8:17	
24	Wed	2:53	3.2	3:37	3.8	9:30	0.1	10:16	0.6	6:15	8:17	
25	Thu	3:45	3.2	4:31	4.0	10:23	0.0	11:14	0.4	6:16	8:16	
26	Fri	4:44	3.2	5:29	4.3	11:17	-0.1			6:16	8:15	
27	Sat	5:45	3.3	6:26	4.5	12:11	0.3	12:12	-0.2	6:17	8:14	
28	Sun	6:43	3.4	7:21	4.7	1:07	0.1	1:08	-0.3	6:18	8:14	
29	Mon	7:40	3.5	8:14	4.8	2:04	0.0	2:07	-0.4	6:18	8:13	
30	Tue	8:35	3.7	9:08	4.8	3:00	-0.2	3:06	-0.4	6:19	8:12	
31	Wed	9:30	3.8	10:01	4.6	3:53	-0.3	4:03	-0.4	6:20	8:11	