US HARBORS www.USHarbors.com

Hampstead, NC - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:15	3.2	11:40	2.7	5:04	0.1	5:41	0.0	7:15	5:11	
2	Fri	11:59	3.0			5:52	0.2	6:25	0.0	7:15	5:12	
3	Sat	12:29	2.8	12:45	2.9	6:49	0.3	7:14	-0.1	7:15	5:12	
4	Sun	1:19	3.0	1:35	2.8	7:54	0.4	8:08	-0.1	7:16	5:13	
5	Mon	2:13	3.2	2:30	2.7	9:01	0.3	9:04	-0.2	7:16	5:14	
6	Tue	3:12	3.4	3:32	2.6	10:06	0.1	10:02	-0.4	7:16	5:15	
7	Wed	4:16	3.6	4:38	2.6	11:08	0.0	11:00	-0.5	7:16	5:16	
8	Thu	5:19	3.8	5:39	2.7			12:08	-0.2	7:16	5:16	
9	Fri	6:18	4.1	6:37	2.9			1:06	-0.4	7:16	5:17	
10	Sat	7:14	4.2	7:31	3.0	12:57	-0.9	2:03	-0.5	7:16	5:18	
11	Sun	8:07	4.3	8:24	3.2	1:56	-1.0	2:55	-0.7	7:15	5:19	
12	Mon	8:59	4.2	9:17	3.3	2:51	-1.1	3:42	-0.7	7:15	5:20	
13	Tue	9:49	4.0	10:09	3.3	3:43	-1.0	4:27	-0.7	7:15	5:21	
14	Wed	10:39	3.7	11:03	3.3	4:34	-0.8	5:12	-0.6	7:15	5:22	
15	Thu	11:28	3.4	11:56	3.3	5:25	-0.5	5:57	-0.5	7:15	5:23	
16	Fri			12:17	3.1	6:19	-0.2	6:44	-0.3	7:14	5:24	
17	Sat	12:48	3.2	1:04	2.8	7:16	0.1	7:31	-0.2	7:14	5:25	
18	Sun	1:38	3.2	1:50	2.6	8:14	0.3	8:20	-0.1	7:14	5:26	
19	Mon	2:28	3.1	2:39	2.4	9:11	0.4	9:09	-0.1	7:13	5:27	
20	Tue	3:21	3.1	3:32	2.3	10:05	0.4	9:59	-0.1	7:13	5:28	
21	Wed	4:18	3.0	4:28	2.3	10:55	0.4	10:48	-0.1	7:13	5:29	
22	Thu	5:13	3.1	5:22	2.3	11:42	0.4	11:36	-0.2	7:12	5:30	
23	Fri	6:04	3.2	6:12	2.4			12:29	0.3	7:12	5:31	
24	Sat	6:50	3.2	6:58	2.5	12:25	-0.3	1:15	0.2	7:11	5:32	
25	Sun	7:33	3.3	7:42	2.6	1:14	-0.3	2:00	0.1	7:11	5:33	
26	Mon	8:13	3.3	8:24	2.7	2:01	-0.4	2:41	-0.1	7:10	5:34	
27	Tue	8:51	3.3	9:04	2.8	2:45	-0.4	3:20	-0.2	7:10	5:35	
28	Wed	9:28	3.2	9:44	2.8	3:26	-0.3	3:56	-0.3	7:09	5:36	
29	Thu	10:05	3.1	10:26	2.9	4:07	-0.2	4:32	-0.3	7:08	5:37	
30	Fri	10:45	3.0	11:11	2.9	4:48	-0.1	5:10	-0.3	7:08	5:38	
31	Sat	11:29	2.9			5:35	0.0	5:51	-0.3	7:07	5:39	