US HARBORS www.USHarbors.com

Hampstead, NC - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:52	3.0	4:37	3.9	10:27	-0.1	11:21	0.6	6:01	8:25	
2	Thu	4:43	2.9	5:29	3.9	11:13	0.0			6:02	8:25	
3	Fri	5:36	2.8	6:19	3.9	12:10	0.6	11:57 AM	0.0	6:02	8:25	
4	Sat	6:26	2.8	7:05	3.9	12:56	0.6	12:41	0.1	6:03	8:25	
5	Sun	7:14	2.8	7:50	3.9	1:41	0.6	1:25	0.1	6:03	8:25	
6	Mon	8:00	2.8	8:33	3.9	2:27	0.6	2:11	0.2	6:04	8:24	
7	Tue	8:44	2.9	9:15	3.8	3:11	0.6	2:58	0.2	6:04	8:24	
8	Wed	9:28	2.9	9:56	3.8	3:52	0.5	3:43	0.3	6:05	8:24	
9	Thu	10:12	2.9	10:36	3.7	4:31	0.5	4:25	0.4	6:05	8:24	
10	Fri	10:57	2.9	11:17	3.5	5:09	0.4	5:07	0.5	6:06	8:23	
11	Sat	11:44	2.9	11:59	3.4	5:46	0.4	5:50	0.6	6:06	8:23	
12	Sun			12:33	3.0	6:26	0.3	6:38	0.8	6:07	8:23	
13	Mon	12:43	3.3	1:22	3.2	7:08	0.3	7:35	0.8	6:08	8:22	
14	Tue	1:29	3.2	2:09	3.4	7:55	0.2	8:36	0.8	6:08	8:22	
15	Wed	2:16	3.1	2:57	3.6	8:44	0.2	9:38	0.8	6:09	8:22	
16	Thu	3:06	3.1	3:49	3.8	9:36	0.1	10:39	0.6	6:09	8:21	
17	Fri	4:01	3.0	4:46	4.1	10:30	0.0	11:38	0.5	6:10	8:21	
18	Sat	5:02	3.0	5:46	4.3	11:25	-0.2			6:11	8:20	
19	Sun	6:03	3.0	6:44	4.5	12:35	0.3	12:21	-0.3	6:11	8:20	
20	Mon	7:02	3.2	7:39	4.6	1:32	0.2	1:18	-0.3	6:12	8:19	
21	Tue	7:58	3.3	8:33	4.7	2:30	0.0	2:18	-0.4	6:13	8:19	
22	Wed	8:53	3.4	9:27	4.6	3:25	-0.1	3:18	-0.4	6:13	8:18	
23	Thu	9:49	3.6	10:19	4.5	4:16	-0.2	4:16	-0.4	6:14	8:17	
24	Fri	10:45	3.7	11:12	4.2	5:04	-0.3	5:11	-0.2	6:15	8:17	
25	Sat	11:43	3.8			5:51	-0.2	6:06	0.0	6:15	8:16	
26	Sun	12:05	3.9	12:40	3.9	6:38	-0.2	7:04	0.3	6:16	8:15	
27	Mon	12:57	3.6	1:36	3.9	7:27	-0.1	8:04	0.5	6:17	8:15	
28	Tue	1:48	3.4	2:27	4.0	8:16	0.0	9:03	0.7	6:18	8:14	
29	Wed	2:35	3.2	3:17	3.9	9:05	0.1	10:00	0.8	6:18	8:13	
30	Thu	3:23	3.0	4:07	3.9	9:53	0.2	10:52	0.9	6:19	8:12	
31	Fri	4:12	2.9	4:58	3.9	10:40	0.2	11:39	0.9	6:20	8:11	