US HARBORS www.USHarbors.com

Hampstead, NC - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:04	2.9	5:49	3.9	11:26	0.3			6:21	8:10	
2	Sun	5:55	2.9	6:38	3.9	12:23	0.9	12:11	0.3	6:21	8:10	
3	Mon	6:45	3.0	7:23	3.9	1:07	0.9	12:57	0.3	6:22	8:09	
4	Tue	7:32	3.0	8:07	3.9	1:51	0.8	1:44	0.3	6:23	8:08	
5	Wed	8:17	3.1	8:48	3.9	2:36	0.7	2:32	0.4	6:23	8:07	
6	Thu	9:02	3.2	9:28	3.8	3:19	0.6	3:20	0.5	6:24	8:06	
7	Fri	9:45	3.2	10:07	3.7	4:00	0.5	4:05	0.5	6:25	8:05	
8	Sat	10:29	3.3	10:46	3.6	4:38	0.4	4:49	0.7	6:26	8:04	
9	Sun	11:14	3.3	11:26	3.5	5:16	0.4	5:33	0.8	6:26	8:03	
10	Mon			12:01	3.4	5:54	0.4	6:20	0.9	6:27	8:02	
11	Tue	12:11	3.4	12:50	3.5	6:35	0.4	7:15	1.0	6:28	8:01	
12	Wed	1:00	3.3	1:40	3.7	7:21	0.4	8:15	1.0	6:29	8:00	
13	Thu	1:51	3.2	2:30	3.9	8:13	0.3	9:18	0.9	6:29	7:59	
14	Fri	2:44	3.2	3:24	4.1	9:09	0.3	10:19	0.8	6:30	7:58	
15	Sat	3:39	3.2	4:22	4.3	10:07	0.2	11:17	0.6	6:31	7:56	
16	Sun	4:40	3.2	5:23	4.5	11:06	0.0			6:31	7:55	
17	Mon	5:42	3.3	6:23	4.6	12:14	0.5	12:04	-0.1	6:32	7:54	
18	Tue	6:42	3.5	7:20	4.7	1:09	0.3	1:03	-0.2	6:33	7:53	
19	Wed	7:39	3.7	8:13	4.7	2:04	0.2	2:03	-0.2	6:34	7:52	
20	Thu	8:34	3.9	9:05	4.6	2:58	0.1	3:03	-0.2	6:34	7:51	
21	Fri	9:28	4.1	9:55	4.4	3:48	0.0	4:00	-0.1	6:35	7:49	
22	Sat	10:22	4.2	10:45	4.1	4:35	-0.1	4:54	0.1	6:36	7:48	
23	Sun	11:16	4.2	11:36	3.8	5:20	0.0	5:46	0.3	6:36	7:47	
24	Mon			12:11	4.2	6:04	0.1	6:40	0.6	6:37	7:46	
25	Tue	12:27	3.6	1:05	4.2	6:50	0.3	7:35	0.8	6:38	7:44	
26	Wed	1:18	3.4	1:56	4.1	7:38	0.4	8:31	1.0	6:39	7:43	
27	Thu	2:06	3.2	2:45	4.0	8:27	0.5	9:26	1.1	6:39	7:42	
28	Fri	2:54	3.2	3:34	4.0	9:17	0.6	10:16	1.2	6:40	7:41	
29	Sat	3:41	3.1	4:25	3.9	10:07	0.6	11:03	1.2	6:41	7:39	
30	Sun	4:32	3.1	5:17	3.9	10:56	0.6	11:47	1.1	6:41	7:38	
31	Mon	5:25	3.2	6:07	4.0	11:43	0.6			6:42	7:37	