US HARBORS www.USHarbors.com

Hampstead, NC - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:41	4.2	6:58	3.6	1:28	0.4	1:15	0.7	6:29	5:16	
2	Mon	7:26	4.3	7:43	3.5	1:15	0.3	2:08	0.6	6:30	5:15	
3	Tue	8:11	4.4	8:29	3.5	2:03	0.2	2:59	0.5	6:31	5:14	
4	Wed	8:58	4.5	9:16	3.4	2:51	0.2	3:48	0.5	6:32	5:13	
5	Thu	9:47	4.5	10:08	3.4	3:38	0.2	4:37	0.5	6:33	5:13	
6	Fri	10:41	4.4	11:04	3.3	4:26	0.2	5:29	0.5	6:34	5:12	
7	Sat	11:38	4.4			5:19	0.2	6:24	0.6	6:35	5:11	
8	Sun	12:02	3.4	12:35	4.3	6:18	0.3	7:22	0.5	6:36	5:10	
9	Mon	1:00	3.5	1:29	4.2	7:22	0.4	8:18	0.5	6:37	5:09	
10	Tue	1:57	3.6	2:24	4.1	8:27	0.4	9:12	0.3	6:38	5:09	
11	Wed	2:54	3.8	3:19	3.9	9:30	0.4	10:04	0.2	6:39	5:08	
12	Thu	3:54	3.9	4:16	3.8	10:30	0.4	10:52	0.1	6:40	5:07	
13	Fri	4:52	4.1	5:11	3.6	11:27	0.4	11:40	0.0	6:41	5:07	
14	Sat	5:46	4.3	6:02	3.6			12:21	0.4	6:41	5:06	
15	Sun	6:36	4.4	6:50	3.5	12:27	0.0	1:15	0.4	6:42	5:05	
16	Mon	7:22	4.4	7:37	3.4	1:14	0.1	2:06	0.4	6:43	5:05	
17	Tue	8:08	4.3	8:22	3.3	2:00	0.1	2:52	0.5	6:44	5:04	
18	Wed	8:52	4.2	9:06	3.2	2:44	0.2	3:34	0.5	6:45	5:04	
19	Thu	9:36	4.1	9:50	3.1	3:25	0.3	4:13	0.6	6:46	5:03	
20	Fri	10:21	3.9	10:36	3.0	4:04	0.4	4:52	0.7	6:47	5:03	
21	Sat	11:08	3.8	11:24	2.9	4:43	0.5	5:32	0.8	6:48	5:02	
22	Sun	11:56	3.6			5:25	0.6	6:16	0.9	6:49	5:02	
23	Mon	12:14	2.9	12:42	3.5	6:14	0.7	7:03	0.8	6:50	5:01	
24	Tue	1:02	3.0	1:28	3.4	7:10	0.8	7:52	0.8	6:51	5:01	
25	Wed	1:51	3.1	2:13	3.3	8:09	0.8	8:41	0.6	6:52	5:01	
26	Thu	2:41	3.2	3:01	3.2	9:09	0.8	9:29	0.5	6:53	5:01	
27	Fri	3:35	3.3	3:54	3.1	10:07	0.7	10:17	0.3	6:54	5:00	
28	Sat	4:30	3.6	4:48	3.1	11:03	0.6	11:05	0.2	6:55	5:00	
29	Sun	5:23	3.8	5:41	3.1	11:58	0.5	11:54	0.0	6:55	5:00	
30	Mon	6:13	4.0	6:31	3.1			12:53	0.3	6:56	5:00	