US HARBORS www.USHarbors.com

Hampstead, NC - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:02	4.2	7:20	3.1	12:45	-0.1	1:49	0.2	6:57	5:00	
2	Wed	7:51	4.4	8:09	3.2	1:38	-0.2	2:42	0.1	6:58	4:59	
3	Thu	8:40	4.4	8:59	3.2	2:31	-0.3	3:32	0.0	6:59	4:59	
4	Fri	9:32	4.4	9:52	3.2	3:22	-0.4	4:21	-0.1	7:00	4:59	
5	Sat	10:25	4.3	10:47	3.2	4:13	-0.4	5:10	-0.1	7:01	4:59	
6	Sun	11:20	4.1	11:46	3.3	5:06	-0.3	6:02	0.0	7:01	4:59	
7	Mon			12:15	3.9	6:04	-0.1	6:56	0.0	7:02	4:59	
8	Tue	12:43	3.4	1:08	3.7	7:07	0.0	7:50	0.0	7:03	5:00	
9	Wed	1:40	3.5	2:00	3.5	8:12	0.2	8:43	-0.1	7:04	5:00	
10	Thu	2:36	3.6	2:53	3.3	9:15	0.2	9:34	-0.2	7:04	5:00	
11	Fri	3:33	3.7	3:48	3.1	10:16	0.3	10:24	-0.2	7:05	5:00	
12	Sat	4:31	3.8	4:44	2.9	11:12	0.3	11:12	-0.2	7:06	5:00	
13	Sun	5:26	3.9	5:37	2.9			12:04	0.3	7:07	5:01	
14	Mon	6:15	3.9	6:27	2.9			12:55	0.3	7:07	5:01	
15	Tue	7:02	3.9	7:13	2.9	12:46	-0.2	1:44	0.3	7:08	5:01	
16	Wed	7:46	3.9	7:57	2.9	1:33	-0.1	2:28	0.3	7:09	5:01	
17	Thu	8:29	3.8	8:40	2.8	2:18	-0.1	3:08	0.3	7:09	5:02	
18	Fri	9:11	3.7	9:22	2.8	2:59	-0.1	3:45	0.3	7:10	5:02	
19	Sat	9:52	3.6	10:05	2.7	3:38	0.0	4:21	0.3	7:10	5:03	
20	Sun	10:35	3.4	10:50	2.7	4:16	0.1	4:57	0.3	7:11	5:03	
21	Mon	11:18	3.3	11:37	2.7	4:55	0.2	5:36	0.3	7:11	5:04	
22	Tue			12:01	3.1	5:39	0.3	6:17	0.3	7:12	5:04	
23	Wed	12:25	2.7	12:44	3.0	6:31	0.5	7:03	0.2	7:12	5:05	
24	Thu	1:13	2.8	1:28	2.9	7:30	0.5	7:53	0.2	7:13	5:05	
25	Fri	2:01	3.0	2:15	2.7	8:33	0.6	8:44	0.1	7:13	5:06	
26	Sat	2:53	3.1	3:09	2.6	9:36	0.5	9:37	0.0	7:13	5:06	
27	Sun	3:51	3.3	4:09	2.6	10:36	0.4	10:31	-0.2	7:14	5:07	
28	Mon	4:50	3.5	5:09	2.6	11:34	0.2	11:25	-0.3	7:14	5:08	
29	Tue	5:47	3.8	6:05	2.7			12:31	0.0	7:14	5:08	
30	Wed	6:41	4.0	6:58	2.8	12:20	-0.5	1:28	-0.2	7:15	5:09	
31	Thu	7:33	4.2	7:50	3.0	1:17	-0.7	2:22	-0.4	7:15	5:10	