US HARBORS www.USHarbors.com

Hampstead, NC - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:23	4.3	8:41	3.2	2:13	-0.9	3:11	-0.6	7:15	5:11	
2	Sat	9:14	4.2	9:34	3.3	3:07	-0.9	3:59	-0.7	7:15	5:11	
3	Sun	10:05	4.1	10:28	3.3	3:59	-0.9	4:45	-0.7	7:15	5:12	
4	Mon	10:57	3.8	11:24	3.4	4:51	-0.8	5:33	-0.6	7:16	5:13	
5	Tue	11:49	3.6			5:47	-0.5	6:23	-0.5	7:16	5:14	
6	Wed	12:21	3.4	12:41	3.3	6:47	-0.3	7:15	-0.5	7:16	5:15	
7	Thu	1:16	3.4	1:32	3.0	7:50	0.0	8:08	-0.4	7:16	5:15	
8	Fri	2:10	3.4	2:23	2.7	8:53	0.1	9:02	-0.3	7:16	5:16	
9	Sat	3:06	3.4	3:17	2.6	9:53	0.2	9:54	-0.3	7:16	5:17	
10	Sun	4:04	3.3	4:14	2.5	10:49	0.3	10:45	-0.3	7:16	5:18	
11	Mon	5:01	3.3	5:11	2.5	11:40	0.3	11:34	-0.3	7:15	5:19	
12	Tue	5:53	3.3	6:02	2.5			12:29	0.2	7:15	5:20	
13	Wed	6:41	3.4	6:49	2.6	12:22	-0.3	1:16	0.2	7:15	5:21	
14	Thu	7:25	3.4	7:34	2.7	1:10	-0.3	1:59	0.1	7:15	5:22	
15	Fri	8:07	3.4	8:17	2.7	1:55	-0.3	2:39	0.0	7:15	5:23	
16	Sat	8:47	3.4	8:58	2.7	2:38	-0.3	3:16	0.0	7:14	5:24	
17	Sun	9:26	3.3	9:39	2.7	3:18	-0.3	3:51	-0.1	7:14	5:24	
18	Mon	10:04	3.2	10:21	2.7	3:56	-0.2	4:25	-0.1	7:14	5:25	
19	Tue	10:43	3.0	11:04	2.7	4:35	-0.1	5:00	-0.1	7:14	5:26	
20	Wed	11:23	2.9	11:49	2.8	5:16	0.1	5:38	-0.1	7:13	5:27	
21	Thu			12:06	2.7	6:04	0.2	6:20	-0.1	7:13	5:28	
22	Fri	12:35	2.9	12:51	2.6	7:00	0.3	7:09	-0.1	7:12	5:29	
23	Sat	1:23	3.0	1:39	2.5	8:02	0.3	8:04	-0.1	7:12	5:30	
24	Sun	2:15	3.1	2:33	2.4	9:07	0.3	9:03	-0.2	7:11	5:31	
25	Mon	3:14	3.2	3:35	2.4	10:09	0.2	10:03	-0.4	7:11	5:32	
26	Tue	4:18	3.4	4:40	2.5	11:09	0.0	11:02	-0.5	7:10	5:33	
27	Wed	5:21	3.6	5:41	2.7			12:07	-0.2	7:10	5:34	
28	Thu	6:19	3.9	6:37	2.9	12:00	-0.7	1:03	-0.4	7:09	5:35	
29	Fri	7:13	4.0	7:31	3.1	12:59	-0.9	1:57	-0.6	7:08	5:36	
30	Sat	8:04	4.1	8:23	3.3	1:57	-1.1	2:47	-0.8	7:08	5:37	
31	Sun	8:54	4.0	9:15	3.5	2:53	-1.1	3:34	-0.9	7:07	5:38	