

Hampstead, NC - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:27	3.6	6:42	3.1	12:12	-0.5	1:04	-0.2	6:38	6:05	
2	Mon	7:16	3.7	7:31	3.3	1:09	-0.6	1:52	-0.3	6:36	6:06	
3	Tue	8:01	3.6	8:18	3.4	2:02	-0.6	2:36	-0.4	6:35	6:07	
4	Wed	8:44	3.5	9:02	3.5	2:50	-0.5	3:15	-0.4	6:34	6:08	
5	Thu	9:25	3.3	9:45	3.5	3:33	-0.4	3:50	-0.3	6:32	6:09	
6	Fri	10:06	3.1	10:28	3.5	4:13	-0.3	4:24	-0.2	6:31	6:10	
7	Sat	10:48	2.9	11:12	3.4	4:53	0.0	4:57	-0.1	6:30	6:10	
8	Sun			12:31	2.7	6:33	0.2	6:32	0.1	7:29	7:11	
9	Mon	12:58	3.3	1:16	2.5	7:18	0.4	7:13	0.2	7:27	7:12	
10	Tue	1:45	3.2	2:01	2.4	8:09	0.6	8:02	0.3	7:26	7:13	
11	Wed	2:33	3.1	2:49	2.4	9:04	0.7	9:01	0.3	7:25	7:14	
12	Thu	3:25	3.0	3:40	2.3	10:02	0.7	10:03	0.3	7:23	7:15	
13	Fri	4:23	3.0	4:39	2.4	10:59	0.6	11:03	0.2	7:22	7:15	
14	Sat	5:23	3.1	5:40	2.5	11:52	0.5	11:59	0.1	7:21	7:16	
15	Sun	6:20	3.2	6:36	2.8			12:42	0.3	7:19	7:17	
16	Mon	7:09	3.3	7:26	3.0	12:54	0.0	1:31	0.1	7:18	7:18	
17	Tue	7:54	3.4	8:12	3.3	1:48	-0.1	2:18	-0.1	7:16	7:18	
18	Wed	8:38	3.5	8:57	3.5	2:41	-0.3	3:04	-0.3	7:15	7:19	
19	Thu	9:20	3.5	9:41	3.8	3:32	-0.3	3:47	-0.4	7:14	7:20	
20	Fri	10:04	3.4	10:27	3.9	4:21	-0.4	4:29	-0.5	7:12	7:21	
21	Sat	10:49	3.2	11:15	4.0	5:09	-0.4	5:11	-0.5	7:11	7:22	
22	Sun	11:39	3.1			5:59	-0.2	5:55	-0.4	7:10	7:22	
23	Mon	12:08	4.0	12:32	2.9	6:53	-0.1	6:45	-0.3	7:08	7:23	
24	Tue	1:04	3.9	1:28	2.8	7:53	0.1	7:44	-0.1	7:07	7:24	
25	Wed	2:02	3.8	2:25	2.8	8:56	0.2	8:49	0.0	7:05	7:25	
26	Thu	3:01	3.7	3:24	2.8	10:00	0.3	9:56	0.0	7:04	7:25	
27	Fri	4:03	3.6	4:26	2.9	11:00	0.2	11:01	-0.1	7:03	7:26	
28	Sat	5:08	3.5	5:31	3.0	11:54	0.1			7:01	7:27	
29	Sun	6:09	3.5	6:30	3.3	12:01	-0.1	12:44	0.1	7:00	7:28	
30	Mon	7:02	3.5	7:22	3.5	12:57	-0.1	1:32	0.0	6:59	7:29	
31	Tue	7:49	3.4	8:09	3.7	1:51	-0.1	2:17	-0.1	6:57	7:29	