

Hampstead, NC - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:49	2.8	10:16	3.7	4:14	0.5	4:02	0.3	6:01	8:25	
2	Thu	10:33	2.8	10:56	3.7	4:53	0.4	4:45	0.4	6:02	8:25	
3	Fri	11:19	2.8	11:38	3.6	5:33	0.4	5:27	0.5	6:02	8:25	
4	Sat			12:08	2.8	6:13	0.3	6:13	0.6	6:03	8:25	
5	Sun	12:22	3.5	12:59	3.0	6:56	0.3	7:07	0.7	6:03	8:25	
6	Mon	1:09	3.4	1:49	3.2	7:42	0.2	8:09	0.8	6:04	8:25	
7	Tue	1:57	3.3	2:39	3.5	8:31	0.1	9:14	0.7	6:04	8:24	
8	Wed	2:48	3.2	3:31	3.7	9:22	0.0	10:18	0.6	6:05	8:24	
9	Thu	3:42	3.1	4:27	4.0	10:14	-0.1	11:19	0.4	6:05	8:24	
10	Fri	4:42	3.0	5:27	4.3	11:08	-0.2			6:06	8:24	
11	Sat	5:44	3.0	6:26	4.5	12:18	0.3	12:03	-0.3	6:06	8:23	
12	Sun	6:44	3.0	7:24	4.6	1:17	0.2	1:00	-0.4	6:07	8:23	
13	Mon	7:41	3.1	8:19	4.7	2:16	0.0	1:59	-0.4	6:08	8:23	
14	Tue	8:37	3.2	9:13	4.6	3:13	0.0	3:00	-0.4	6:08	8:22	
15	Wed	9:32	3.3	10:06	4.5	4:06	-0.1	3:57	-0.4	6:09	8:22	
16	Thu	10:28	3.4	10:59	4.2	4:55	-0.1	4:51	-0.2	6:09	8:21	
17	Fri	11:24	3.5	11:51	4.0	5:41	-0.1	5:45	0.0	6:10	8:21	
18	Sat			12:21	3.5	6:27	0.0	6:39	0.2	6:11	8:20	
19	Sun	12:42	3.7	1:16	3.6	7:13	0.1	7:36	0.5	6:11	8:20	
20	Mon	1:31	3.4	2:07	3.7	7:59	0.2	8:35	0.7	6:12	8:19	
21	Tue	2:17	3.2	2:55	3.7	8:45	0.2	9:31	0.8	6:13	8:19	
22	Wed	3:02	3.0	3:43	3.8	9:29	0.3	10:24	0.9	6:13	8:18	
23	Thu	3:49	2.9	4:32	3.8	10:14	0.3	11:12	0.9	6:14	8:17	
24	Fri	4:38	2.8	5:23	3.8	10:58	0.3	11:58	0.9	6:15	8:17	
25	Sat	5:30	2.8	6:13	3.9	11:43	0.2			6:15	8:16	
26	Sun	6:20	2.8	7:01	3.9	12:42	0.8	12:28	0.2	6:16	8:15	
27	Mon	7:08	2.9	7:45	3.9	1:28	0.8	1:16	0.2	6:17	8:15	
28	Tue	7:54	2.9	8:28	3.9	2:15	0.7	2:05	0.3	6:18	8:14	
29	Wed	8:39	3.0	9:09	3.9	3:01	0.6	2:54	0.3	6:18	8:13	
30	Thu	9:23	3.0	9:49	3.9	3:45	0.5	3:42	0.4	6:19	8:12	
31	Fri	10:08	3.1	10:28	3.8	4:26	0.4	4:27	0.5	6:20	8:11	