

Hampstead, NC - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:44	3.5	6:03	3.1			12:19	-0.2	6:37	6:05	
2	Sat	6:36	3.6	6:54	3.2	12:33	-0.5	1:08	-0.3	6:36	6:06	
3	Sun	7:22	3.5	7:40	3.4	1:26	-0.5	1:54	-0.3	6:35	6:07	
4	Mon	8:06	3.5	8:24	3.5	2:15	-0.5	2:36	-0.4	6:34	6:08	
5	Tue	8:48	3.4	9:06	3.5	2:59	-0.4	3:13	-0.3	6:32	6:09	
6	Wed	9:28	3.2	9:48	3.4	3:39	-0.3	3:47	-0.3	6:31	6:10	
7	Thu	10:09	3.1	10:29	3.4	4:17	-0.2	4:21	-0.2	6:30	6:10	
8	Fri	10:51	2.9	11:13	3.3	4:56	0.0	4:54	-0.1	6:28	6:11	
9	Sat	11:35	2.7	11:59	3.2	5:36	0.2	5:31	0.0	6:27	6:12	
10	Sun			1:21	2.6	7:22	0.4	7:15	0.1	7:26	7:13	
11	Mon	1:46	3.1	2:07	2.5	8:14	0.5	8:07	0.2	7:25	7:14	
12	Tue	2:34	3.1	2:56	2.5	9:11	0.6	9:07	0.2	7:23	7:15	
13	Wed	3:26	3.0	3:48	2.5	10:09	0.6	10:09	0.2	7:22	7:15	
14	Thu	4:23	3.0	4:47	2.6	11:05	0.5	11:08	0.1	7:20	7:16	
15	Fri	5:22	3.1	5:47	2.8	11:58	0.3			7:19	7:17	
16	Sat	6:19	3.2	6:42	3.0	12:06	0.0	12:49	0.1	7:18	7:18	
17	Sun	7:10	3.4	7:32	3.3	1:01	-0.2	1:38	-0.1	7:16	7:18	
18	Mon	7:57	3.5	8:20	3.6	1:56	-0.3	2:27	-0.3	7:15	7:19	
19	Tue	8:43	3.5	9:07	3.9	2:51	-0.5	3:15	-0.5	7:14	7:20	
20	Wed	9:29	3.5	9:54	4.1	3:44	-0.6	4:00	-0.6	7:12	7:21	
21	Thu	10:16	3.4	10:43	4.2	4:34	-0.6	4:45	-0.6	7:11	7:22	
22	Fri	11:05	3.3	11:35	4.2	5:23	-0.5	5:30	-0.6	7:10	7:22	
23	Sat	11:57	3.2			6:15	-0.4	6:19	-0.5	7:08	7:23	
24	Sun	12:30	4.1	12:53	3.0	7:10	-0.2	7:14	-0.3	7:07	7:24	
25	Mon	1:27	4.0	1:49	3.0	8:10	0.0	8:16	-0.2	7:05	7:25	
26	Tue	2:24	3.8	2:46	2.9	9:12	0.1	9:20	-0.1	7:04	7:25	
27	Wed	3:21	3.6	3:44	3.0	10:12	0.2	10:24	-0.1	7:03	7:26	
28	Thu	4:21	3.5	4:46	3.0	11:09	0.1	11:25	-0.1	7:01	7:27	
29	Fri	5:22	3.4	5:47	3.2			12:00	0.1	7:00	7:28	
30	Sat	6:18	3.4	6:42	3.4	12:21	-0.1	12:48	0.0	6:59	7:29	
31	Sun	7:08	3.4	7:31	3.5	1:14	-0.1	1:33	0.0	6:57	7:29	