























Nags Head, NC - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:28	3.4	7:53	4.7	1:38	-0.7	1:31	-0.8	5:49	8:22	
2	Sun	8:23	3.5	8:46	4.7	2:30	-0.9	2:25	-0.8	5:50	8:22	
3	Mon	9:18	3.6	9:40	4.5	3:21	-0.9	3:20	-0.7	5:50	8:22	
4	Tue	10:16	3.6	10:35	4.3	4:15	-0.8	4:19	-0.5	5:51	8:22	
5	Wed	11:13	3.6	11:29	4.0	5:11	-0.7	5:21	-0.2	5:51	8:22	
6	Thu			12:09	3.6	6:06	-0.5	6:25	0.1	5:52	8:22	
7	Fri	12:22	3.7	1:07	3.6	6:59	-0.3	7:30	0.4	5:52	8:21	
8	Sat	1:17	3.3	2:10	3.6	7:52	0.0	8:38	0.5	5:53	8:21	
9	Sun	2:21	3.0	3:15	3.6	8:46	0.2	9:43	0.7	5:53	8:21	
10	Mon	3:27	2.8	4:11	3.6	9:37	0.3	10:42	0.7	5:54	8:21	
11	Tue	4:25	2.7	4:59	3.6	10:24	0.4	11:37	0.7	5:55	8:20	
12	Wed	5:17	2.7	5:45	3.7	11:11	0.5			5:55	8:20	
13	Thu	6:06	2.7	6:28	3.7	12:28	0.6	11:58 AM	0.6	5:56	8:19	
14	Fri	6:52	2.8	7:08	3.8	1:11	0.5	12:43	0.5	5:57	8:19	
15	Sat	7:32	2.9	7:45	3.8	1:46	0.4	1:24	0.5	5:57	8:18	
16	Sun	8:09	2.9	8:20	3.8	2:18	0.3	2:01	0.5	5:58	8:18	
17	Mon	8:45	3.0	8:55	3.8	2:49	0.2	2:37	0.5	5:59	8:17	
18	Tue	9:22	3.0	9:31	3.7	3:21	0.2	3:14	0.6	5:59	8:17	
19	Wed	10:00	3.1	10:09	3.6	3:57	0.2	3:55	0.7	6:00	8:16	
20	Thu	10:40	3.1	10:48	3.5	4:35	0.2	4:40	0.8	6:01	8:16	
21	Fri	11:20	3.2	11:28	3.4	5:15	0.3	5:29	0.8	6:01	8:15	
22	Sat			12:02	3.3	5:56	0.3	6:19	0.9	6:02	8:14	
23	Sun	12:10	3.3	12:47	3.5	6:39	0.3	7:14	0.9	6:03	8:14	
24	Mon	12:57	3.1	1:40	3.6	7:26	0.2	8:14	0.8	6:04	8:13	
25	Tue	1:54	3.0	2:41	3.8	8:20	0.2	9:17	0.6	6:04	8:12	
26	Wed	3:00	3.0	3:43	4.0	9:17	0.1	10:20	0.4	6:05	8:12	
27	Thu	4:05	3.1	4:43	4.2	10:16	-0.1	11:22	0.1	6:06	8:11	
28	Fri	5:09	3.2	5:43	4.5	11:16	-0.2			6:07	8:10	
29	Sat	6:12	3.4	6:43	4.6	12:24	-0.1	12:18	-0.4	6:07	8:09	
30	Sun	7:13	3.6	7:39	4.7	1:22	-0.4	1:18	-0.6	6:08	8:08	
31	Mon	8:09	3.8	8:31	4.7	2:14	-0.6	2:14	-0.6	6:09	8:07	