
































## Nags Head, NC - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:40	4.3	5:57	3.5	12:18	0.5	12:09	0.6	6:25	5:06	
2	Mon	6:21	4.5	6:39	3.5	12:00	0.3	12:52	0.4	6:26	5:05	
3	Tue	7:02	4.6	7:22	3.5	12:42	0.2	1:34	0.3	6:27	5:04	
4	Wed	7:46	4.7	8:08	3.5	1:25	0.1	2:19	0.3	6:28	5:03	
5	Thu	8:34	4.6	8:58	3.4	2:10	0.2	3:10	0.4	6:29	5:02	
6	Fri	9:26	4.5	9:53	3.4	3:01	0.3	4:05	0.5	6:30	5:02	
7	Sat	10:20	4.4	10:51	3.3	3:59	0.5	5:04	0.6	6:31	5:01	
8	Sun	11:16	4.2	11:53	3.4	5:02	0.6	6:03	0.6	6:32	5:00	
9	Mon			12:17	3.9	6:08	0.8	7:05	0.6	6:33	4:59	
10	Tue	1:06	3.5	1:27	3.7	7:21	0.8	8:05	0.5	6:34	4:58	
11	Wed	2:21	3.7	2:37	3.6	8:34	0.8	9:00	0.3	6:35	4:57	
12	Thu	3:23	3.9	3:37	3.5	9:40	0.7	9:50	0.2	6:36	4:57	
13	Fri	4:16	4.2	4:31	3.5	10:42	0.5	10:40	0.1	6:37	4:56	
14	Sat	5:07	4.4	5:23	3.4	11:39	0.4	11:29	0.1	6:38	4:55	
15	Sun	5:53	4.5	6:10	3.4			12:28	0.3	6:39	4:55	
16	Mon	6:36	4.5	6:53	3.3	12:13	0.1	1:10	0.2	6:40	4:54	
17	Tue	7:16	4.4	7:34	3.3	12:54	0.2	1:49	0.3	6:41	4:53	
18	Wed	7:55	4.2	8:14	3.2	1:33	0.3	2:27	0.4	6:42	4:53	
19	Thu	8:35	4.1	8:56	3.1	2:11	0.5	3:07	0.6	6:43	4:52	
20	Fri	9:16	3.9	9:40	3.0	2:51	0.7	3:50	0.7	6:43	4:52	
21	Sat	9:58	3.7	10:25	2.9	3:36	1.0	4:35	0.9	6:44	4:51	
22	Sun	10:39	3.5	11:10	2.8	4:24	1.2	5:19	0.9	6:45	4:51	
23	Mon	11:21	3.3	11:58	2.8	5:14	1.3	6:02	1.0	6:46	4:50	
24	Tue			12:07	3.2	6:08	1.4	6:47	0.9	6:47	4:50	
25	Wed	12:53	2.9	1:00	3.0	7:06	1.5	7:34	0.9	6:48	4:50	
26	Thu	1:53	3.1	1:58	2.9	8:07	1.3	8:19	0.7	6:49	4:49	
27	Fri	2:46	3.3	2:53	2.9	9:03	1.1	9:04	0.5	6:50	4:49	
28	Sat	3:32	3.6	3:44	2.9	9:57	0.9	9:50	0.3	6:51	4:49	
29	Sun	4:18	3.9	4:34	3.0	10:50	0.6	10:38	0.1	6:52	4:48	
30	Mon	5:06	4.1	5:25	3.1	11:42	0.2	11:28	-0.1	6:53	4:48	