US HARBORS www.USHarbors.com

Nags Head, NC - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:32**	4.0	**7:57**	4.1	**1:25**	-1.4	**1:49**	-1.3	6:32	5:57	
2	Tue	**8:19**	3.8	**8:47**	4.1	**2:15**	-1.3	**2:34**	-1.2	6:30	5:58	
3	Wed	**9:08**	3.6	**9:37**	4.0	**3:08**	-1.0	**3:21**	-0.9	6:29	5:59	
4	Thu	**9:56**	3.3	**10:27**	3.8	**4:03**	-0.6	**4:10**	-0.6	6:28	5:59	
5	Fri	**10:44**	3.0	**11:18**	3.5	**4:59**	-0.2	**5:02**	-0.2	6:26	6:00	
6	Sat	**11:34**	2.7			**5:56**	0.2	**5:56**	0.1	6:25	6:01	
7	Sun	**12:13**	3.2	**12:31**	2.5	**6:59**	0.5	**6:57**	0.4	6:24	6:02	
8	Mon	**1:24**	3.0	**1:50**	2.4	**8:08**	0.7	**8:05**	0.6	6:22	6:03	
9	Tue	**2:39**	2.9	**3:04**	2.4	**9:10**	0.8	**9:09**	0.6	6:21	6:04	
10	Wed	**3:38**	2.9	**4:00**	2.5	**10:05**	0.7	**10:06**	0.6	6:19	6:05	
11	Thu	**4:28**	3.0	**4:48**	2.7	**10:53**	0.6	**10:57**	0.4	6:18	6:06	
12	Fri	**5:12**	3.1	**5:30**	2.9	**11:33**	0.4	**11:42**	0.3	6:17	6:07	
13	Sat	**5:50**	3.2	**6:07**	3.1			**12:06**	0.2	6:15	6:07	
14	Sun	**7:25**	3.2	**7:40**	3.3	**12:20**	0.1	**1:35**	0.0	7:14	7:08	
15	Mon	**7:57**	3.3	**8:12**	3.4	**1:54**	0.0	**2:04**	-0.1	7:12	7:09	
16	Tue	**8:29**	3.2	**8:44**	3.5	**2:27**	-0.1	**2:33**	-0.1	7:11	7:10	
17	Wed	**9:02**	3.2	**9:17**	3.6	**3:01**	-0.1	**3:05**	-0.1	7:09	7:11	
18	Thu	**9:37**	3.1	**9:55**	3.6	**3:38**	-0.1	**3:40**	-0.1	7:08	7:12	
19	Fri	**10:15**	3.0	**10:35**	3.6	**4:19**	0.0	**4:19**	0.0	7:07	7:13	
20	Sat	**10:57**	2.9	**11:20**	3.6	**5:05**	0.2	**5:04**	0.1	7:05	7:13	
21	Sun	**11:42**	2.8			**5:55**	0.3	**5:55**	0.2	7:04	7:14	
22	Mon	**12:09**	3.5	**12:32**	2.7	**6:50**	0.4	**6:52**	0.2	7:02	7:15	
23	Tue	**1:05**	3.4	**1:34**	2.7	**7:52**	0.5	**7:57**	0.2	7:01	7:16	
24	Wed	**2:14**	3.4	**2:50**	2.8	**8:59**	0.4	**9:07**	0.1	6:59	7:17	
25	Thu	**3:29**	3.5	**4:03**	3.0	**10:03**	0.2	**10:16**	-0.1	6:58	7:18	
26	Fri	**4:35**	3.6	**5:06**	3.4	**11:02**	-0.1	**11:22**	-0.4	6:56	7:19	
27	Sat	**5:36**	3.7	**6:05**	3.8	**11:58**	-0.4			6:55	7:19	
28	Sun	**6:33**	3.8	**6:59**	4.1	**12:25**	-0.7	**12:51**	-0.7	6:54	7:20	
29	Mon	**7:25**	3.8	**7:49**	4.3	**1:22**	-0.9	**1:38**	-0.9	6:52	7:21	
30	Tue	**8:13**	3.8	**8:36**	4.4	**2:13**	-1.0	**2:22**	-0.9	6:51	7:22	
31	Wed	**8:59**	3.6	**9:22**	4.4	**3:01**	-0.9	**3:06**	-0.8	6:49	7:23	