US HARBORS www.USHarbors.com

Nags Head, NC - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:14	3.2	1:00	3.2	6:51	0.2	7:21	0.9	5:49	8:22	
2	Wed	12:57	2.9	1:52	3.2	7:32	0.4	8:21	1.1	5:50	8:22	
3	Thu	1:47	2.7	2:48	3.2	8:14	0.6	9:20	1.1	5:50	8:22	
4	Fri	2:46	2.5	3:39	3.3	8:58	0.7	10:13	1.1	5:51	8:22	
5	Sat	3:46	2.4	4:25	3.4	9:42	0.8	11:03	1.0	5:51	8:22	
6	Sun	4:39	2.4	5:10	3.5	10:27	0.8	11:54	0.8	5:52	8:22	
7	Mon	5:30	2.4	5:55	3.6	11:15	0.7			5:52	8:21	
8	Tue	6:20	2.5	6:40	3.7	12:41	0.6	12:05	0.7	5:53	8:21	
9	Wed	7:05	2.6	7:23	3.8	1:23	0.5	12:53	0.5	5:54	8:21	
10	Thu	7:47	2.8	8:03	3.9	2:00	0.3	1:38	0.4	5:54	8:21	
11	Fri	8:27	2.9	8:42	4.0	2:35	0.1	2:20	0.3	5:55	8:20	
12	Sat	9:08	3.0	9:22	3.9	3:12	0.0	3:04	0.3	5:55	8:20	
13	Sun	9:52	3.2	10:05	3.9	3:52	-0.1	3:51	0.3	5:56	8:19	
14	Mon	10:38	3.3	10:49	3.7	4:34	-0.1	4:44	0.4	5:57	8:19	
15	Tue	11:25	3.5	11:35	3.5	5:18	-0.2	5:40	0.4	5:57	8:19	
16	Wed			12:14	3.7	6:03	-0.2	6:38	0.5	5:58	8:18	
17	Thu	12:23	3.3	1:06	3.8	6:50	-0.2	7:40	0.6	5:59	8:18	
18	Fri	1:16	3.1	2:06	3.9	7:42	-0.1	8:47	0.6	5:59	8:17	
19	Sat	2:21	2.9	3:12	4.0	8:39	0.0	9:55	0.5	6:00	8:16	
20	Sun	3:32	2.8	4:16	4.1	9:39	0.0	11:00	0.4	6:01	8:16	
21	Mon	4:40	2.8	5:18	4.2	10:40	0.0			6:01	8:15	
22	Tue	5:45	2.9	6:19	4.3	12:05	0.2	11:44 AM	0.0	6:02	8:15	
23	Wed	6:47	3.1	7:15	4.3	1:05	0.1	12:47	-0.1	6:03	8:14	
24	Thu	7:43	3.3	8:05	4.3	1:55	-0.1	1:43	-0.1	6:04	8:13	
25	Fri	8:32	3.4	8:50	4.2	2:40	-0.2	2:32	-0.1	6:04	8:12	
26	Sat	9:20	3.5	9:33	4.0	3:22	-0.2	3:20	0.1	6:05	8:12	
27	Sun	10:07	3.5	10:16	3.7	4:03	-0.1	4:09	0.4	6:06	8:11	
28	Mon	10:52	3.5	10:56	3.5	4:44	0.1	4:59	0.6	6:07	8:10	
29	Tue	11:34	3.5	11:35	3.2	5:23	0.3	5:49	0.9	6:08	8:09	
30	Wed			12:15	3.5	6:00	0.5	6:38	1.1	6:08	8:08	
31	Thu	12:13	3.0	12:57	3.4	6:37	0.7	7:28	1.3	6:09	8:07	