US HARBORS www.USHarbors.com

Nags Head, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:00	4.1	5:23	2.9	11:43	-0.5	11:28	-0.9	7:12	4:59	
2	Fri	5:59	4.3	6:22	3.0			12:39	-0.7	7:12	5:00	
3	Sat	6:53	4.3	7:16	3.1	12:26	-1.0	1:29	-0.8	7:12	5:00	
4	Sun	7:44	4.3	8:08	3.2	1:19	-1.0	2:17	-0.9	7:13	5:01	
5	Mon	8:33	4.1	9:01	3.2	2:11	-0.9	3:06	-0.8	7:13	5:02	
6	Tue	9:22	3.8	9:54	3.2	3:04	-0.6	3:55	-0.7	7:13	5:03	
7	Wed	10:09	3.5	10:45	3.1	4:01	-0.3	4:43	-0.5	7:13	5:04	
8	Thu	10:53	3.1	11:34	3.1	4:58	0.0	5:28	-0.3	7:13	5:05	
9	Fri	11:37	2.8			5:54	0.3	6:11	-0.1	7:12	5:06	
10	Sat	12:26	3.0	12:24	2.5	6:54	0.6	6:57	0.1	7:12	5:07	
11	Sun	1:25	2.9	1:23	2.3	7:58	0.7	7:45	0.3	7:12	5:08	
12	Mon	2:25	2.9	2:29	2.1	8:57	0.7	8:34	0.3	7:12	5:08	
13	Tue	3:18	3.0	3:26	2.1	9:52	0.7	9:22	0.4	7:12	5:09	
14	Wed	4:06	3.1	4:18	2.2	10:44	0.6	10:10	0.3	7:12	5:10	
15	Thu	4:52	3.2	5:07	2.2	11:33	0.4	11:00	0.2	7:11	5:11	
16	Fri	5:37	3.3	5:52	2.4			12:14	0.2	7:11	5:12	
17	Sat	6:17	3.4	6:32	2.5			12:49	0.0	7:11	5:13	
18	Sun	6:54	3.5	7:09	2.6	12:28	-0.2	1:21	-0.2	7:10	5:14	
19	Mon	7:29	3.6	7:47	2.7	1:07	-0.3	1:54	-0.3	7:10	5:15	
20	Tue	8:05	3.6	8:26	2.8	1:46	-0.3	2:28	-0.4	7:09	5:16	
21	Wed	8:42	3.5	9:07	3.0	2:27	-0.3	3:06	-0.5	7:09	5:17	
22	Thu	9:22	3.3	9:51	3.1	3:13	-0.2	3:46	-0.5	7:08	5:18	
23	Fri	10:05	3.2	10:37	3.2	4:04	-0.1	4:29	-0.5	7:08	5:20	
24	Sat	10:49	3.0	11:26	3.3	4:59	0.0	5:15	-0.5	7:07	5:21	
25	Sun	11:38	2.7			5:57	0.1	6:05	-0.5	7:07	5:22	
26	Mon	12:22	3.3	12:36	2.5	7:02	0.2	7:02	-0.4	7:06	5:23	
27	Tue	1:29	3.4	1:48	2.4	8:12	0.2	8:06	-0.4	7:06	5:24	
28	Wed	2:41	3.5	3:02	2.4	9:22	0.1	9:11	-0.5	7:05	5:25	
29	Thu	3:49	3.6	4:11	2.6	10:30	-0.1	10:16	-0.6	7:04	5:26	
30	Fri	4:53	3.8	5:16	2.7	11:34	-0.4	11:21	-0.8	7:03	5:27	
31	Sat	5:52	3.9	6:14	3.0			12:29	-0.6	7:03	5:28	