US HARBORS www.USHarbors.com

Nags Head, NC - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:43	3.7	6:04	3.2			12:12	-0.4	6:31	5:57	
2	Mon	6:30	3.7	6:51	3.4	12:16	-0.7	12:54	-0.6	6:30	5:58	
3	Tue	7:12	3.7	7:33	3.6	1:03	-0.7	1:31	-0.7	6:29	5:59	
4	Wed	7:50	3.5	8:12	3.6	1:46	-0.7	2:05	-0.6	6:27	6:00	
5	Thu	8:28	3.4	8:51	3.6	2:27	-0.5	2:39	-0.5	6:26	6:00	
6	Fri	9:05	3.1	9:30	3.5	3:08	-0.2	3:14	-0.2	6:25	6:01	
7	Sat	9:43	2.9	10:08	3.4	3:50	0.0	3:52	0.0	6:23	6:02	
8	Sun	11:21	2.7	11:47	3.2	5:34	0.3	5:31	0.3	7:22	7:03	
9	Mon			12:00	2.5	6:18	0.6	6:14	0.6	7:21	7:04	
10	Tue	12:29	3.0	12:43	2.3	7:06	0.8	7:01	0.8	7:19	7:05	
11	Wed	1:19	2.9	1:37	2.2	8:02	1.0	7:56	0.9	7:18	7:06	
12	Thu	2:25	2.8	2:49	2.2	9:07	1.0	8:59	0.9	7:16	7:07	
13	Fri	3:37	2.9	3:59	2.3	10:06	0.9	9:59	0.7	7:15	7:08	
14	Sat	4:35	3.0	4:55	2.5	10:59	0.7	10:56	0.5	7:14	7:08	
15	Sun	5:25	3.2	5:44	2.7	11:47	0.5	11:50	0.2	7:12	7:09	
16	Mon	6:11	3.3	6:30	3.1			12:30	0.1	7:11	7:10	
17	Tue	6:54	3.5	7:12	3.4	12:41	-0.1	1:10	-0.2	7:09	7:11	
18	Wed	7:35	3.6	7:53	3.7	1:28	-0.4	1:47	-0.5	7:08	7:12	
19	Thu	8:15	3.6	8:35	4.0	2:13	-0.6	2:25	-0.7	7:06	7:13	
20	Fri	8:57	3.5	9:18	4.1	2:57	-0.7	3:04	-0.7	7:05	7:14	
21	Sat	9:41	3.4	10:05	4.1	3:44	-0.7	3:48	-0.7	7:03	7:14	
22	Sun	10:29	3.2	10:56	4.1	4:36	-0.5	4:37	-0.5	7:02	7:15	
23	Mon	11:20	3.1	11:49	3.9	5:32	-0.2	5:31	-0.3	7:01	7:16	
24	Tue			12:14	2.9	6:32	0.1	6:30	0.0	6:59	7:17	
25	Wed	12:48	3.7	1:16	2.7	7:38	0.3	7:36	0.2	6:58	7:18	
26	Thu	2:00	3.5	2:38	2.7	8:51	0.4	8:52	0.3	6:56	7:19	
27	Fri	3:24	3.4	3:59	2.8	10:01	0.4	10:06	0.2	6:55	7:19	
28	Sat	4:35	3.4	5:03	3.1	11:02	0.3	11:13	0.1	6:53	7:20	
29	Sun	5:34	3.4	5:59	3.3	11:57	0.1			6:52	7:21	
30	Mon	6:25	3.5	6:48	3.6	12:15	-0.1	12:44	-0.1	6:51	7:22	
31	Tue	7:10	3.4	7:30	3.8	1:08	-0.2	1:24	-0.2	6:49	7:23	