US HARBORS www.USHarbors.com

Nags Head, NC - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:00	3.0	8:14	3.9	2:13	0.0	1:57	0.2	6:09	7:49	
2	Sat	8:35	3.0	8:48	3.9	2:45	0.1	2:29	0.3	6:08	7:50	
3	Sun	9:10	2.9	9:23	3.7	3:17	0.1	3:02	0.4	6:07	7:51	
4	Mon	9:48	2.8	10:00	3.6	3:52	0.3	3:39	0.6	6:06	7:51	
5	Tue	10:27	2.8	10:41	3.5	4:32	0.4	4:19	0.8	6:05	7:52	
6	Wed	11:08	2.7	11:23	3.4	5:15	0.6	5:05	1.0	6:04	7:53	
7	Thu	11:51	2.6			5:59	0.7	5:54	1.1	6:03	7:54	
8	Fri	12:06	3.2	12:36	2.6	6:45	0.8	6:46	1.1	6:02	7:55	
9	Sat	12:52	3.1	1:29	2.7	7:34	0.8	7:45	1.1	6:01	7:56	
10	Sun	1:47	3.0	2:30	2.9	8:25	0.7	8:48	1.0	6:00	7:56	
11	Mon	2:48	3.0	3:31	3.1	9:16	0.5	9:50	0.7	5:59	7:57	
12	Tue	3:48	3.0	4:24	3.5	10:04	0.3	10:48	0.4	5:58	7:58	
13	Wed	4:43	3.1	5:15	3.9	10:53	0.0	11:47	0.0	5:58	7:59	
14	Thu	5:38	3.2	6:06	4.2	11:44	-0.2			5:57	8:00	
15	Fri	6:33	3.2	6:58	4.5	12:44	-0.3	12:36	-0.5	5:56	8:01	
16	Sat	7:26	3.3	7:49	4.7	1:37	-0.6	1:28	-0.6	5:55	8:01	
17	Sun	8:18	3.3	8:40	4.7	2:27	-0.8	2:18	-0.7	5:54	8:02	
18	Mon	9:10	3.3	9:33	4.6	3:18	-0.7	3:10	-0.6	5:54	8:03	
19	Tue	10:06	3.3	10:30	4.4	4:13	-0.6	4:06	-0.4	5:53	8:04	
20	Wed	11:05	3.3	11:27	4.1	5:12	-0.4	5:09	-0.1	5:52	8:04	
21	Thu			12:04	3.2	6:11	-0.2	6:15	0.1	5:52	8:05	
22	Fri	12:25	3.8	1:07	3.2	7:09	0.0	7:23	0.4	5:51	8:06	
23	Sat	1:26	3.4	2:17	3.3	8:08	0.1	8:37	0.5	5:51	8:07	
24	Sun	2:35	3.2	3:26	3.4	9:05	0.2	9:46	0.6	5:50	8:07	
25	Mon	3:41	3.0	4:22	3.5	9:55	0.3	10:47	0.6	5:49	8:08	
26	Tue	4:36	2.8	5:10	3.7	10:40	0.3	11:43	0.5	5:49	8:09	
27	Wed	5:26	2.7	5:54	3.7	11:23	0.3			5:49	8:10	
28	Thu	6:13	2.7	6:35	3.8	12:35	0.4	12:07	0.4	5:48	8:10	
29	Fri	6:57	2.7	7:13	3.8	1:18	0.3	12:48	0.4	5:48	8:11	
30	Sat	7:36	2.7	7:48	3.8	1:53	0.2	1:26	0.4	5:47	8:12	
31	Sun	8:13	2.8	8:23	3.8	2:25	0.2	2:02	0.4	5:47	8:12	