US HARBORS www.USHarbors.com

Nags Head, NC - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:05	2.8	9:14	3.7	3:09	0.2	2:53	0.5	5:49	8:22	
2	Thu	9:43	2.8	9:51	3.6	3:44	0.2	3:33	0.6	5:50	8:22	
3	Fri	10:23	2.9	10:30	3.5	4:21	0.2	4:17	0.7	5:50	8:22	
4	Sat	11:04	3.0	11:09	3.4	4:59	0.2	5:06	0.8	5:51	8:22	
5	Sun	11:45	3.2	11:50	3.2	5:39	0.1	5:57	0.8	5:51	8:22	
6	Mon			12:29	3.4	6:20	0.1	6:52	0.8	5:52	8:22	
7	Tue	12:35	3.1	1:18	3.5	7:04	0.1	7:51	0.8	5:52	8:22	
8	Wed	1:27	2.9	2:16	3.7	7:54	0.0	8:55	0.6	5:53	8:21	
9	Thu	2:30	2.8	3:19	3.9	8:49	0.0	9:59	0.5	5:53	8:21	
10	Fri	3:38	2.8	4:20	4.1	9:48	-0.1	11:02	0.2	5:54	8:21	
11	Sat	4:43	2.8	5:21	4.3	10:48	-0.2			5:55	8:20	
12	Sun	5:48	3.0	6:22	4.4	12:07	0.0	11:51 AM	-0.3	5:55	8:20	
13	Mon	6:52	3.2	7:21	4.5	1:08	-0.3	12:54	-0.5	5:56	8:20	
14	Tue	7:50	3.4	8:15	4.5	2:01	-0.5	1:52	-0.6	5:56	8:19	
15	Wed	8:45	3.5	9:07	4.4	2:51	-0.6	2:47	-0.5	5:57	8:19	
16	Thu	9:39	3.6	9:57	4.2	3:39	-0.6	3:42	-0.3	5:58	8:18	
17	Fri	10:34	3.7	10:47	3.9	4:29	-0.5	4:41	-0.1	5:58	8:18	
18	Sat	11:26	3.7	11:35	3.6	5:17	-0.3	5:41	0.2	5:59	8:17	
19	Sun			12:16	3.7	6:04	-0.1	6:39	0.5	6:00	8:17	
20	Mon	12:20	3.2	1:06	3.6	6:48	0.1	7:39	0.8	6:01	8:16	
21	Tue	1:08	2.9	2:01	3.6	7:33	0.4	8:43	1.0	6:01	8:15	
22	Wed	2:04	2.6	3:01	3.5	8:21	0.6	9:43	1.1	6:02	8:15	
23	Thu	3:11	2.5	3:56	3.5	9:12	0.8	10:37	1.1	6:03	8:14	
24	Fri	4:12	2.5	4:45	3.5	10:02	0.9	11:30	1.0	6:04	8:13	
25	Sat	5:06	2.5	5:33	3.6	10:51	0.9			6:04	8:13	
26	Sun	5:57	2.6	6:19	3.6	12:21	0.9	11:42 AM	0.9	6:05	8:12	
27	Mon	6:44	2.7	7:01	3.7	1:04	0.8	12:32	0.8	6:06	8:11	
28	Tue	7:26	2.9	7:39	3.8	1:39	0.6	1:16	0.7	6:07	8:10	
29	Wed	8:03	3.0	8:14	3.9	2:10	0.4	1:56	0.6	6:07	8:09	
30	Thu	8:39	3.1	8:49	3.8	2:41	0.3	2:34	0.5	6:08	8:09	
31	Fri	9:16	3.3	9:25	3.8	3:13	0.2	3:14	0.6	6:09	8:08	