

## Nags Head, NC - Jul 2023

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 11:31 | 3.2 | 11:31 | 3.3 | 5:25  | 0.1  | 5:35  | 0.7  | 5:49                                                                                | 8:22 |    |
| 2    | Sat |       |     | 12:13 | 3.2 | 6:05  | 0.3  | 6:23  | 0.9  | 5:50                                                                                | 8:22 |    |
| 3    | Sun | 12:11 | 3.1 | 12:56 | 3.1 | 6:44  | 0.4  | 7:13  | 1.0  | 5:50                                                                                | 8:22 |    |
| 4    | Mon | 12:53 | 2.9 | 1:44  | 3.1 | 7:25  | 0.5  | 8:06  | 1.1  | 5:51                                                                                | 8:22 |    |
| 5    | Tue | 1:42  | 2.7 | 2:38  | 3.2 | 8:10  | 0.6  | 9:02  | 1.1  | 5:51                                                                                | 8:22 |    |
| 6    | Wed | 2:40  | 2.6 | 3:32  | 3.3 | 8:58  | 0.6  | 9:56  | 1.0  | 5:52                                                                                | 8:22 |    |
| 7    | Thu | 3:39  | 2.6 | 4:21  | 3.5 | 9:46  | 0.6  | 10:47 | 0.8  | 5:52                                                                                | 8:21 |    |
| 8    | Fri | 4:33  | 2.6 | 5:08  | 3.6 | 10:35 | 0.5  | 11:39 | 0.6  | 5:53                                                                                | 8:21 |    |
| 9    | Sat | 5:25  | 2.7 | 5:56  | 3.8 | 11:25 | 0.4  |       |      | 5:54                                                                                | 8:21 |    |
| 10   | Sun | 6:17  | 2.9 | 6:43  | 4.0 | 12:29 | 0.3  | 12:17 | 0.2  | 5:54                                                                                | 8:21 |    |
| 11   | Mon | 7:06  | 3.1 | 7:28  | 4.1 | 1:16  | 0.0  | 1:08  | 0.0  | 5:55                                                                                | 8:20 |    |
| 12   | Tue | 7:53  | 3.3 | 8:13  | 4.2 | 1:59  | -0.3 | 1:56  | -0.2 | 5:55                                                                                | 8:20 |   |
| 13   | Wed | 8:39  | 3.4 | 8:58  | 4.3 | 2:41  | -0.5 | 2:43  | -0.3 | 5:56                                                                                | 8:19 |  |
| 14   | Thu | 9:27  | 3.6 | 9:45  | 4.2 | 3:25  | -0.6 | 3:33  | -0.2 | 5:57                                                                                | 8:19 |  |
| 15   | Fri | 10:18 | 3.7 | 10:35 | 4.0 | 4:12  | -0.6 | 4:28  | -0.1 | 5:57                                                                                | 8:19 |  |
| 16   | Sat | 11:10 | 3.8 | 11:25 | 3.8 | 5:02  | -0.6 | 5:27  | 0.0  | 5:58                                                                                | 8:18 |  |
| 17   | Sun |       |     | 12:03 | 3.9 | 5:53  | -0.5 | 6:27  | 0.2  | 5:59                                                                                | 8:18 |  |
| 18   | Mon | 12:17 | 3.6 | 12:59 | 3.9 | 6:45  | -0.4 | 7:31  | 0.3  | 5:59                                                                                | 8:17 |  |
| 19   | Tue | 1:13  | 3.4 | 2:02  | 3.9 | 7:40  | -0.3 | 8:39  | 0.4  | 6:00                                                                                | 8:16 |  |
| 20   | Wed | 2:19  | 3.1 | 3:11  | 3.9 | 8:40  | -0.1 | 9:48  | 0.4  | 6:01                                                                                | 8:16 |  |
| 21   | Thu | 3:32  | 3.0 | 4:16  | 4.0 | 9:40  | 0.0  | 10:52 | 0.3  | 6:02                                                                                | 8:15 |  |
| 22   | Fri | 4:38  | 3.0 | 5:14  | 4.1 | 10:39 | 0.0  | 11:54 | 0.2  | 6:02                                                                                | 8:14 |  |
| 23   | Sat | 5:39  | 3.1 | 6:10  | 4.1 | 11:39 | 0.1  |       |      | 6:03                                                                                | 8:14 |  |
| 24   | Sun | 6:37  | 3.2 | 7:01  | 4.1 | 12:51 | 0.1  | 12:37 | 0.1  | 6:04                                                                                | 8:13 |  |
| 25   | Mon | 7:27  | 3.3 | 7:45  | 4.1 | 1:38  | 0.0  | 1:28  | 0.1  | 6:05                                                                                | 8:12 |  |
| 26   | Tue | 8:12  | 3.4 | 8:25  | 4.0 | 2:18  | -0.1 | 2:12  | 0.1  | 6:05                                                                                | 8:12 |  |
| 27   | Wed | 8:53  | 3.5 | 9:03  | 3.9 | 2:55  | -0.1 | 2:52  | 0.2  | 6:06                                                                                | 8:11 |  |
| 28   | Thu | 9:33  | 3.5 | 9:40  | 3.7 | 3:30  | 0.0  | 3:32  | 0.4  | 6:07                                                                                | 8:10 |  |
| 29   | Fri | 10:14 | 3.5 | 10:18 | 3.6 | 4:05  | 0.1  | 4:14  | 0.6  | 6:08                                                                                | 8:09 |  |
| 30   | Sat | 10:54 | 3.5 | 10:56 | 3.4 | 4:42  | 0.3  | 4:58  | 0.8  | 6:08                                                                                | 8:08 |  |
| 31   | Sun | 11:33 | 3.4 | 11:34 | 3.2 | 5:20  | 0.4  | 5:44  | 1.0  | 6:09                                                                                | 8:07 |  |