































Oak Island, Yaupon Beach, NC - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:32	5.2	5:59	4.7	11:57	-0.3			6:40	6:08	
2	Mon	6:22	5.3	6:45	5.0	12:05	-0.6	12:42	-0.4	6:39	6:09	
3	Tue	7:07	5.2	7:28	5.1	12:55	-0.7	1:25	-0.4	6:37	6:10	
4	Wed	7:50	5.0	8:09	5.2	1:41	-0.7	2:04	-0.3	6:36	6:11	
5	Thu	8:31	4.8	8:50	5.1	2:24	-0.6	2:41	-0.2	6:35	6:12	
6	Fri	9:10	4.5	9:32	4.9	3:04	-0.4	3:16	-0.1	6:34	6:12	
7	Sat	9:49	4.2	10:16	4.7	3:43	-0.1	3:51	0.1	6:32	6:13	
8	Sun	11:29	3.9			5:22	0.3	5:27	0.3	7:31	7:14	
9	Mon	12:04	4.5	12:10	3.6	6:05	0.6	6:08	0.5	7:30	7:15	
10	Tue	12:54	4.3	12:55	3.4	6:54	1.0	6:57	0.7	7:28	7:16	
11	Wed	1:46	4.2	1:46	3.3	7:56	1.2	8:01	0.9	7:27	7:16	
12	Thu	2:42	4.1	2:45	3.3	9:05	1.2	9:14	0.9	7:26	7:17	
13	Fri	3:39	4.1	3:49	3.4	10:07	1.0	10:18	0.8	7:24	7:18	
14	Sat	4:36	4.2	4:51	3.7	10:58	0.8	11:12	0.5	7:23	7:19	
15	Sun	5:29	4.4	5:44	4.0	11:43	0.5			7:22	7:20	
16	Mon	6:15	4.6	6:30	4.4	12:01	0.3	12:26	0.1	7:20	7:20	
17	Tue	6:58	4.8	7:11	4.8	12:48	0.0	1:08	-0.1	7:19	7:21	
18	Wed	7:39	5.0	7:52	5.2	1:33	-0.2	1:50	-0.4	7:18	7:22	
19	Thu	8:20	5.1	8:35	5.4	2:18	-0.4	2:32	-0.5	7:16	7:23	
20	Fri	9:02	5.0	9:20	5.6	3:03	-0.5	3:15	-0.6	7:15	7:23	
21	Sat	9:47	4.9	10:09	5.6	3:48	-0.5	3:59	-0.7	7:14	7:24	
22	Sun	10:37	4.7	11:03	5.5	4:36	-0.3	4:45	-0.6	7:12	7:25	
23	Mon	11:32	4.4			5:27	-0.1	5:34	-0.4	7:11	7:26	
24	Tue	12:01	5.3	12:33	4.2	6:25	0.2	6:32	-0.1	7:10	7:26	
25	Wed	1:03	5.2	1:38	4.1	7:35	0.4	7:40	0.2	7:08	7:27	
26	Thu	2:06	5.0	2:45	4.1	8:50	0.5	8:56	0.3	7:07	7:28	
27	Fri	3:11	4.9	3:53	4.2	9:58	0.3	10:06	0.2	7:05	7:29	
28	Sat	4:16	4.9	4:57	4.5	10:55	0.2	11:07	0.1	7:04	7:30	
29	Sun	5:18	4.9	5:53	4.8	11:45	0.0			7:03	7:30	
30	Mon	6:13	4.9	6:41	5.1	12:01	-0.1	12:31	-0.1	7:01	7:31	
31	Tue	7:01	4.9	7:23	5.3	12:51	-0.2	1:13	-0.1	7:00	7:32	