

Oak Island, Yaupon Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:29	4.9	11:56	4.4	5:01	0.1	5:46	-0.1	7:17	5:14	
2	Mon			12:25	4.7	6:04	0.2	6:43	-0.1	7:17	5:15	
3	Tue	12:54	4.6	1:23	4.6	7:15	0.2	7:44	-0.2	7:17	5:15	
4	Wed	1:54	4.8	2:23	4.5	8:27	0.2	8:44	-0.4	7:17	5:16	
5	Thu	2:57	5.0	3:24	4.4	9:33	0.0	9:41	-0.6	7:17	5:17	
6	Fri	3:59	5.3	4:25	4.4	10:33	-0.1	10:35	-0.7	7:17	5:18	
7	Sat	4:58	5.5	5:23	4.4	11:29	-0.3	11:28	-0.8	7:17	5:19	
8	Sun	5:53	5.7	6:17	4.4			12:24	-0.4	7:17	5:20	
9	Mon	6:43	5.7	7:07	4.4	12:19	-0.9	1:15	-0.4	7:17	5:20	
10	Tue	7:31	5.7	7:56	4.4	1:09	-0.8	2:04	-0.4	7:17	5:21	
11	Wed	8:18	5.5	8:44	4.3	1:58	-0.7	2:48	-0.3	7:17	5:22	
12	Thu	9:05	5.2	9:32	4.2	2:44	-0.5	3:30	-0.2	7:17	5:23	
13	Fri	9:52	4.8	10:21	4.2	3:30	-0.3	4:10	0.0	7:17	5:24	
14	Sat	10:38	4.5	11:09	4.1	4:14	-0.1	4:49	0.2	7:17	5:25	
15	Sun	11:24	4.1	11:58	4.1	5:01	0.2	5:30	0.4	7:16	5:26	
16	Mon			12:08	3.8	5:51	0.5	6:16	0.5	7:16	5:27	
17	Tue	12:47	4.0	12:52	3.6	6:47	0.8	7:09	0.6	7:16	5:28	
18	Wed	1:37	4.0	1:38	3.5	7:49	0.9	8:06	0.5	7:16	5:29	
19	Thu	2:30	4.1	2:27	3.4	8:48	0.9	9:00	0.4	7:15	5:30	
20	Fri	3:25	4.2	3:20	3.4	9:43	0.8	9:49	0.2	7:15	5:31	
21	Sat	4:18	4.3	4:14	3.5	10:33	0.7	10:36	0.0	7:14	5:32	
22	Sun	5:07	4.6	5:05	3.6	11:21	0.5	11:22	-0.1	7:14	5:33	
23	Mon	5:51	4.8	5:53	3.8			12:07	0.2	7:14	5:34	
24	Tue	6:32	5.1	6:37	4.0	12:07	-0.3	12:52	-0.1	7:13	5:35	
25	Wed	7:13	5.3	7:21	4.2	12:52	-0.4	1:36	-0.3	7:13	5:36	
26	Thu	7:54	5.3	8:06	4.4	1:38	-0.5	2:19	-0.5	7:12	5:36	
27	Fri	8:38	5.3	8:53	4.5	2:24	-0.6	3:02	-0.6	7:11	5:37	
28	Sat	9:26	5.2	9:44	4.6	3:10	-0.6	3:45	-0.6	7:11	5:38	
29	Sun	10:16	5.0	10:39	4.7	3:58	-0.5	4:30	-0.6	7:10	5:39	
30	Mon	11:10	4.8	11:36	4.7	4:50	-0.3	5:20	-0.5	7:10	5:40	
31	Tue			12:06	4.5	5:49	-0.1	6:16	-0.4	7:09	5:41	