

































Ocean City Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:02	5.6	5:20	3.5	11:34	-0.4	11:11	-0.9	7:16	5:10	
2	Fri	5:58	5.8	6:16	3.7			12:29	-0.5	7:16	5:11	
3	Sat	6:52	5.8	7:11	3.8	12:08	-1.0	1:20	-0.6	7:16	5:12	
4	Sun	7:44	5.7	8:04	3.9	1:03	-1.0	2:10	-0.7	7:16	5:13	
5	Mon	8:34	5.5	8:57	4.0	1:58	-0.9	2:58	-0.6	7:17	5:13	
6	Tue	9:23	5.1	9:50	4.0	2:52	-0.7	3:45	-0.5	7:17	5:14	
7	Wed	10:12	4.6	10:43	3.9	3:46	-0.4	4:31	-0.4	7:17	5:15	
8	Thu	11:00	4.2	11:37	3.9	4:42	-0.1	5:16	-0.2	7:17	5:16	
9	Fri	11:49	3.7			5:41	0.3	6:01	0.0	7:16	5:17	
10	Sat	12:33	3.9	12:41	3.2	6:44	0.5	6:48	0.2	7:16	5:18	
11	Sun	1:30	3.9	1:36	2.9	7:51	0.7	7:36	0.3	7:16	5:19	
12	Mon	2:27	3.9	2:34	2.7	8:56	0.7	8:26	0.3	7:16	5:20	
13	Tue	3:21	4.0	3:31	2.6	9:55	0.6	9:17	0.3	7:16	5:21	
14	Wed	4:12	4.1	4:23	2.7	10:46	0.5	10:07	0.2	7:16	5:21	
15	Thu	4:58	4.3	5:10	2.8	11:31	0.4	10:53	0.1	7:16	5:22	
16	Fri	5:41	4.4	5:53	2.9			12:11	0.2	7:15	5:23	
17	Sat	6:21	4.6	6:33	3.1			12:49	0.1	7:15	5:24	
18	Sun	6:59	4.7	7:12	3.2	12:19	-0.2	1:25	-0.1	7:15	5:25	
19	Mon	7:36	4.7	7:50	3.4	12:59	-0.3	1:59	-0.2	7:14	5:26	
20	Tue	8:12	4.7	8:29	3.6	1:39	-0.3	2:33	-0.2	7:14	5:27	
21	Wed	8:49	4.6	9:10	3.7	2:21	-0.3	3:07	-0.3	7:13	5:28	
22	Thu	9:27	4.4	9:53	3.9	3:05	-0.3	3:42	-0.3	7:13	5:29	
23	Fri	10:08	4.1	10:40	4.1	3:53	-0.2	4:20	-0.4	7:13	5:30	
24	Sat	10:53	3.8	11:33	4.2	4:46	0.0	5:02	-0.4	7:12	5:31	
25	Sun	11:44	3.5			5:46	0.1	5:50	-0.4	7:11	5:32	
26	Mon	12:32	4.4	12:43	3.2	6:54	0.2	6:45	-0.3	7:11	5:33	
27	Tue	1:37	4.5	1:49	3.0	8:07	0.2	7:48	-0.4	7:10	5:34	
28	Wed	2:44	4.7	3:00	3.0	9:20	0.1	8:55	-0.5	7:10	5:35	
29	Thu	3:51	4.9	4:09	3.1	10:25	-0.1	10:01	-0.6	7:09	5:36	
30	Fri	4:52	5.1	5:11	3.4	11:24	-0.3	11:04	-0.8	7:08	5:37	
31	Sat	5:49	5.3	6:07	3.6			12:16	-0.5	7:08	5:38	