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# Ocean Isle Beach, NC - Jul 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 12:39 | 4.8 | 1:17 | 4.8 | 6:49 | 0.4 | 7:06 | 0.8 | 6:06 | 8:28 | |
| 2 | Wed | 1:24 | 4.5 | 2:03 | 4.8 | 7:33 | 0.6 | 8:02 | 1.0 | 6:07 | 8:28 | |
| 3 | Thu | 2:06 | 4.3 | 2:48 | 4.9 | 8:19 | 0.6 | 9:01 | 1.1 | 6:07 | 8:28 | |
| 4 | Fri | 2:48 | 4.1 | 3:32 | 4.9 | 9:09 | 0.6 | 9:56 | 1.1 | 6:08 | 8:28 | |
| 5 | Sat | 3:32 | 3.9 | 4:19 | 4.9 | 9:58 | 0.6 | 10:46 | 1.0 | 6:08 | 8:28 | |
| 6 | Sun | 4:20 | 3.8 | 5:07 | 5.0 | 10:45 | 0.6 | 11:34 | 0.9 | 6:09 | 8:28 | |
| 7 | Mon | 5:12 | 3.8 | 5:57 | 5.0 | 11:30 | 0.6 | | | 6:09 | 8:27 | |
| 8 | Tue | 6:06 | 3.8 | 6:44 | 5.2 | 12:21 | 0.8 | 12:16 | 0.5 | 6:10 | 8:27 | |
| 9 | Wed | 6:55 | 3.9 | 7:28 | 5.3 | 1:09 | 0.6 | 1:03 | 0.4 | 6:10 | 8:27 | |
| 10 | Thu | 7:39 | 4.0 | 8:09 | 5.5 | 1:56 | 0.5 | 1:49 | 0.3 | 6:11 | 8:27 | |
| 11 | Fri | 8:20 | 4.1 | 8:49 | 5.5 | 2:40 | 0.3 | 2:34 | 0.3 | 6:11 | 8:26 | |
| 12 | Sat | 9:01 | 4.2 | 9:30 | 5.5 | 3:22 | 0.2 | 3:18 | 0.2 | 6:12 | 8:26 | |
| 13 | Sun | 9:46 | 4.3 | 10:14 | 5.3 | 4:03 | 0.1 | 4:03 | 0.2 | 6:12 | 8:26 | |
| 14 | Mon | 10:37 | 4.5 | 11:03 | 5.2 | 4:43 | -0.1 | 4:50 | 0.3 | 6:13 | 8:25 | |
| 15 | Tue | 11:34 | 4.7 | 11:55 | 5.0 | 5:25 | -0.2 | 5:40 | 0.4 | 6:14 | 8:25 | |
| 16 | Wed | | | 12:31 | 5.0 | 6:08 | -0.3 | 6:34 | 0.5 | 6:14 | 8:24 | |
| 17 | Thu | 12:48 | 4.8 | 1:25 | 5.2 | 6:56 | -0.3 | 7:37 | 0.6 | 6:15 | 8:24 | |
| 18 | Fri | 1:42 | 4.7 | 2:20 | 5.4 | 7:50 | -0.3 | 8:49 | 0.6 | 6:16 | 8:23 | |
| 19 | Sat | 2:37 | 4.5 | 3:16 | 5.6 | 8:52 | -0.3 | 10:00 | 0.5 | 6:16 | 8:23 | |
| 20 | Sun | 3:37 | 4.4 | 4:15 | 5.7 | 9:56 | -0.3 | 11:03 | 0.3 | 6:17 | 8:22 | |
| 21 | Mon | 4:40 | 4.4 | 5:17 | 5.8 | 10:56 | -0.4 | | | 6:18 | 8:22 | |
| 22 | Tue | 5:45 | 4.4 | 6:18 | 5.9 | 12:02 | 0.2 | 11:54 AM | -0.4 | 6:18 | 8:21 | |
| 23 | Wed | 6:47 | 4.5 | 7:14 | 5.9 | 12:58 | 0.0 | 12:50 | -0.5 | 6:19 | 8:21 | |
| 24 | Thu | 7:41 | 4.7 | 8:04 | 5.9 | 1:51 | -0.1 | 1:44 | -0.5 | 6:20 | 8:20 | |
| 25 | Fri | 8:31 | 4.8 | 8:51 | 5.8 | 2:41 | -0.2 | 2:36 | -0.5 | 6:20 | 8:19 | |
| 26 | Sat | 9:18 | 4.8 | 9:35 | 5.5 | 3:25 | -0.2 | 3:24 | -0.4 | 6:21 | 8:19 | |
| 27 | Sun | 10:05 | 4.8 | 10:20 | 5.2 | 4:07 | -0.1 | 4:09 | -0.2 | 6:22 | 8:18 | |
| 28 | Mon | 10:54 | 4.7 | 11:05 | 4.8 | 4:45 | 0.0 | 4:53 | 0.1 | 6:22 | 8:17 | |
| 29 | Tue | 11:44 | 4.7 | 11:51 | 4.4 | 5:22 | 0.1 | 5:36 | 0.4 | 6:23 | 8:16 | |
| 30 | Wed | | | 12:33 | 4.6 | 5:58 | 0.3 | 6:20 | 0.7 | 6:24 | 8:16 | |
| 31 | Thu | 12:35 | 4.1 | 1:19 | 4.6 | 6:36 | 0.4 | 7:08 | 1.0 | 6:25 | 8:15 | |