US HARBORS www.USHarbors.com

Old House Channel, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:22	0.7	6:29	0.5			1:03	0.0	7:12	4:59	
2	Fri	7:16	0.8	7:21	0.5	12:40	-0.1	1:56	0.0	7:12	5:00	
3	Sat	8:10	0.8	8:15	0.5	1:38	-0.1	2:46	0.0	7:12	5:01	
4	Sun	9:03	0.7	9:10	0.5	2:32	-0.2	3:34	0.0	7:12	5:02	
5	Mon	9:56	0.7	10:05	0.5	3:24	-0.1	4:22	0.0	7:12	5:02	
6	Tue	10:46	0.7	11:00	0.5	4:17	-0.1	5:11	0.0	7:12	5:03	
7	Wed	11:34	0.6	11:54	0.5	5:14	-0.1	6:02	0.0	7:12	5:04	
8	Thu			12:22	0.5	6:15	-0.1	6:53	0.0	7:12	5:05	
9	Fri	12:48	0.5	1:11	0.5	7:20	0.0	7:43	-0.1	7:12	5:06	
10	Sat	1:44	0.5	2:03	0.4	8:22	0.0	8:32	-0.1	7:12	5:07	
11	Sun	2:42	0.5	3:00	0.3	9:22	0.0	9:20	-0.1	7:12	5:08	
12	Mon	3:39	0.5	3:58	0.3	10:19	0.0	10:08	-0.1	7:12	5:09	
13	Tue	4:33	0.5	4:50	0.3	11:14	-0.1	10:57	-0.1	7:11	5:10	
14	Wed	5:23	0.5	5:37	0.3			12:06	-0.1	7:11	5:11	
15	Thu	6:09	0.5	6:19	0.3			12:55	-0.1	7:11	5:12	
16	Fri	6:52	0.5	6:55	0.3	12:29	-0.1	1:38	-0.1	7:11	5:13	
17	Sat	7:34	0.5	7:25	0.3	1:09	-0.2	2:17	-0.1	7:10	5:14	
18	Sun	8:13	0.4	7:51	0.3	1:44	-0.2	2:50	-0.1	7:10	5:15	
19	Mon	8:50	0.4	8:23	0.3	2:16	-0.2	3:18	-0.1	7:10	5:16	
20	Tue	9:25	0.4	9:05	0.3	2:49	-0.2	3:44	-0.1	7:09	5:17	
21	Wed	9:59	0.4	9:53	0.4	3:25	-0.2	4:10	-0.1	7:09	5:18	
22	Thu	10:35	0.4	10:44	0.4	4:09	-0.2	4:42	-0.1	7:08	5:19	
23	Fri	11:15	0.4	11:39	0.5	5:02	-0.2	5:22	-0.1	7:08	5:20	
24	Sat			12:01	0.4	6:07	-0.1	6:13	-0.1	7:07	5:21	
25	Sun	12:38	0.5	12:52	0.4	7:22	-0.1	7:13	-0.2	7:07	5:22	
26	Mon	1:46	0.5	1:53	0.4	8:35	-0.1	8:17	-0.2	7:06	5:23	
27	Tue	3:02	0.6	3:10	0.4	9:44	-0.1	9:22	-0.2	7:05	5:24	
28	Wed	4:13	0.6	4:23	0.4	10:50	-0.1	10:28	-0.2	7:05	5:25	
29	Thu	5:16	0.6	5:25	0.4	11:52	-0.1	11:34	-0.2	7:04	5:26	
30	Fri	6:12	0.6	6:20	0.4			12:50	-0.1	7:03	5:27	
31	Sat	7:05	0.7	7:12	0.5	12:36	-0.2	1:42	-0.1	7:02	5:28	