



Oregon Inlet Bridge, NC - Jan 2029

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 7:37 | 1.9 | 8:01 | 1.3 | 12:59 | -0.1 | 2:11 | -0.1 | 7:12 | 4:59 | ☉ |
| 2 | Tue | 8:19 | 1.8 | 8:49 | 1.4 | 1:47 | -0.1 | 2:53 | -0.1 | 7:12 | 5:00 | ☉ |
| 3 | Wed | 9:07 | 1.8 | 9:37 | 1.5 | 2:35 | -0.1 | 3:35 | -0.1 | 7:12 | 5:01 | ☉ |
| 4 | Thu | 9:49 | 1.7 | 10:31 | 1.5 | 3:29 | 0.0 | 4:17 | -0.1 | 7:12 | 5:02 | ☾ |
| 5 | Fri | 10:37 | 1.6 | 11:31 | 1.6 | 4:29 | 0.0 | 5:05 | -0.1 | 7:12 | 5:03 | ☾ |
| 6 | Sat | 11:31 | 1.4 | | | 5:35 | 0.0 | 5:59 | -0.1 | 7:12 | 5:03 | ☾ |
| 7 | Sun | 12:31 | 1.6 | 12:31 | 1.3 | 6:41 | 0.0 | 6:53 | -0.1 | 7:12 | 5:04 | ☾ |
| 8 | Mon | 1:37 | 1.7 | 1:55 | 1.2 | 7:59 | 0.0 | 7:59 | 0.0 | 7:12 | 5:05 | ☾ |
| 9 | Tue | 2:49 | 1.7 | 3:19 | 1.1 | 9:11 | 0.0 | 8:59 | 0.0 | 7:12 | 5:06 | ☾ |
| 10 | Wed | 3:49 | 1.8 | 4:25 | 1.2 | 10:17 | 0.0 | 10:05 | 0.0 | 7:12 | 5:07 | ☾ |
| 11 | Thu | 4:43 | 1.9 | 5:25 | 1.2 | 11:17 | 0.0 | 10:59 | 0.0 | 7:12 | 5:08 | ☾ |
| 12 | Fri | 5:37 | 1.9 | 6:13 | 1.2 | | | 12:11 | -0.1 | 7:11 | 5:09 | ☾ |
| 13 | Sat | 6:25 | 1.9 | 7:01 | 1.3 | | | 12:59 | -0.1 | 7:11 | 5:10 | ☾ |
| 14 | Sun | 7:07 | 1.8 | 7:43 | 1.3 | 12:41 | -0.1 | 1:41 | -0.1 | 7:11 | 5:11 | ☾ |
| 15 | Mon | 7:49 | 1.7 | 8:25 | 1.3 | 1:23 | -0.1 | 2:17 | -0.1 | 7:11 | 5:12 | ☾ |
| 16 | Tue | 8:25 | 1.6 | 9:01 | 1.2 | 2:05 | -0.1 | 2:53 | -0.1 | 7:10 | 5:13 | ☾ |
| 17 | Wed | 9:07 | 1.4 | 9:37 | 1.2 | 2:47 | -0.1 | 3:29 | -0.1 | 7:10 | 5:14 | ☾ |
| 18 | Thu | 9:37 | 1.3 | 10:13 | 1.2 | 3:29 | 0.0 | 3:59 | 0.0 | 7:10 | 5:15 | ☾ |
| 19 | Fri | 10:13 | 1.1 | 10:49 | 1.1 | 4:05 | 0.0 | 4:23 | 0.0 | 7:09 | 5:16 | ☾ |
| 20 | Sat | 10:43 | 0.9 | 11:25 | 1.1 | 4:53 | 0.0 | 4:53 | 0.0 | 7:09 | 5:17 | ☾ |
| 21 | Sun | 11:25 | 0.8 | | | 5:35 | 0.0 | 5:35 | 0.0 | 7:08 | 5:18 | ☾ |
| 22 | Mon | 12:13 | 1.1 | 12:13 | 0.7 | 6:29 | 0.0 | 6:17 | 0.0 | 7:08 | 5:19 | ☾ |
| 23 | Tue | 1:07 | 1.1 | 1:07 | 0.6 | 7:29 | 0.0 | 7:11 | 0.0 | 7:07 | 5:20 | ☾ |
| 24 | Wed | 2:13 | 1.1 | 2:31 | 0.6 | 8:41 | 0.0 | 8:11 | 0.0 | 7:07 | 5:21 | ☾ |
| 25 | Thu | 3:19 | 1.2 | 4:01 | 0.6 | 9:47 | 0.0 | 9:11 | -0.1 | 7:06 | 5:22 | ☾ |
| 26 | Fri | 4:19 | 1.3 | 4:49 | 0.8 | 10:47 | -0.1 | 10:05 | -0.1 | 7:06 | 5:23 | ☾ |
| 27 | Sat | 5:07 | 1.5 | 5:37 | 0.9 | 11:35 | -0.1 | 10:59 | -0.1 | 7:05 | 5:24 | ☉ |
| 28 | Sun | 5:55 | 1.6 | 6:19 | 1.1 | | | 12:17 | -0.1 | 7:04 | 5:25 | ☉ |
| 29 | Mon | 6:37 | 1.7 | 7:01 | 1.2 | | | 12:53 | -0.1 | 7:04 | 5:26 | ☉ |
| 30 | Tue | 7:19 | 1.7 | 7:43 | 1.4 | 12:41 | -0.2 | 1:35 | -0.2 | 7:03 | 5:27 | ☉ |
| 31 | Wed | 8:01 | 1.7 | 8:31 | 1.5 | 1:35 | -0.2 | 2:17 | -0.2 | 7:02 | 5:28 | ☉ |