

Roanoke Sound Channel, NC - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:44	0.6	2:32	0.6	8:39	0.0	8:50	0.1	6:10	8:06	
2	Mon	2:38	0.6	3:36	0.6	9:31	0.0	9:54	0.1	6:11	8:05	
3	Tue	3:40	0.5	4:43	0.6	10:25	0.0	11:03	0.1	6:11	8:04	
4	Wed	4:54	0.5	5:49	0.6	11:22	0.0			6:12	8:04	
5	Thu	6:08	0.5	6:50	0.6	12:16	0.1	12:22	0.0	6:13	8:03	
6	Fri	7:13	0.5	7:46	0.7	1:25	0.1	1:21	0.0	6:14	8:02	
7	Sat	8:09	0.5	8:38	0.7	2:27	0.1	2:16	0.0	6:15	8:00	
8	Sun	9:00	0.5	9:26	0.7	3:21	0.1	3:08	0.0	6:15	7:59	
9	Mon	9:47	0.5	10:12	0.7	4:11	0.1	3:57	0.0	6:16	7:58	
10	Tue	10:31	0.5	10:55	0.6	4:57	0.1	4:43	0.0	6:17	7:57	
11	Wed	11:13	0.5	11:37	0.6	5:40	0.1	5:27	0.0	6:18	7:56	
12	Thu	11:53	0.5			6:20	0.1	6:09	0.0	6:18	7:55	
13	Fri	12:17	0.6	12:33	0.5	6:59	0.1	6:50	0.1	6:19	7:54	
14	Sat	12:55	0.5	1:12	0.5	7:36	0.1	7:29	0.1	6:20	7:53	
15	Sun	1:29	0.5	1:51	0.5	8:12	0.1	8:09	0.1	6:21	7:52	
16	Mon	2:02	0.5	2:35	0.5	8:47	0.1	8:51	0.1	6:22	7:50	
17	Tue	2:39	0.5	3:25	0.5	9:25	0.1	9:38	0.1	6:22	7:49	
18	Wed	3:23	0.4	4:24	0.5	10:07	0.1	10:32	0.1	6:23	7:48	
19	Thu	4:16	0.4	5:29	0.5	10:53	0.1	11:33	0.1	6:24	7:47	
20	Fri	5:19	0.4	6:30	0.5	11:42	0.0			6:25	7:45	
21	Sat	6:25	0.4	7:22	0.5	12:36	0.1	12:33	0.0	6:26	7:44	
22	Sun	7:22	0.5	8:09	0.6	1:36	0.1	1:24	0.0	6:26	7:43	
23	Mon	8:12	0.5	8:53	0.6	2:29	0.1	2:15	0.0	6:27	7:42	
24	Tue	9:00	0.5	9:36	0.6	3:17	0.1	3:07	0.0	6:28	7:40	
25	Wed	9:48	0.6	10:19	0.6	4:03	0.1	3:59	0.0	6:29	7:39	
26	Thu	10:36	0.6	11:04	0.6	4:50	0.0	4:53	0.0	6:29	7:38	
27	Fri	11:26	0.6	11:50	0.6	5:39	0.0	5:49	0.0	6:30	7:36	
28	Sat			12:19	0.7	6:30	0.0	6:47	0.1	6:31	7:35	
29	Sun	12:40	0.6	1:13	0.7	7:22	0.0	7:46	0.1	6:32	7:34	
30	Mon	1:33	0.6	2:12	0.7	8:17	0.1	8:47	0.1	6:32	7:32	
31	Tue	2:32	0.6	3:15	0.7	9:14	0.1	9:51	0.1	6:33	7:31	