

Roanoke Sound Channel, NC - Mar 2008

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 4:01 | 0.3 | 5:29 | 0.2 | 11:00 | 0.0 | 10:28 | 0.0 | 6:31 | 5:57 | ☾ |
| 2 | Sun | 5:10 | 0.3 | 6:17 | 0.2 | 11:59 | 0.0 | 11:28 | 0.0 | 6:30 | 5:58 | ☾ |
| 3 | Mon | 6:06 | 0.3 | 6:57 | 0.2 | | | 12:47 | 0.0 | 6:28 | 5:59 | ☾ |
| 4 | Tue | 6:53 | 0.4 | 7:33 | 0.3 | 12:24 | 0.0 | 1:27 | 0.0 | 6:27 | 6:00 | ☾ |
| 5 | Wed | 7:35 | 0.4 | 8:08 | 0.3 | 1:15 | 0.0 | 2:02 | 0.0 | 6:26 | 6:01 | ☾ |
| 6 | Thu | 8:14 | 0.4 | 8:44 | 0.4 | 2:03 | 0.0 | 2:35 | 0.0 | 6:24 | 6:02 | ☾ |
| 7 | Fri | 8:53 | 0.4 | 9:24 | 0.4 | 2:51 | 0.0 | 3:09 | 0.0 | 6:23 | 6:03 | ☾ |
| 8 | Sat | 9:33 | 0.4 | 10:06 | 0.5 | 3:40 | 0.0 | 3:45 | 0.0 | 6:21 | 6:04 | ☾ |
| 9 | Sun | 11:15 | 0.4 | 11:52 | 0.5 | 5:31 | 0.0 | 5:25 | 0.0 | 7:20 | 7:04 | ☾ |
| 10 | Mon | | | 12:00 | 0.4 | 6:26 | 0.0 | 6:10 | 0.0 | 7:19 | 7:05 | ☾ |
| 11 | Tue | 12:40 | 0.5 | 12:50 | 0.3 | 7:24 | 0.0 | 7:01 | 0.0 | 7:17 | 7:06 | ☾ |
| 12 | Wed | 1:32 | 0.5 | 1:45 | 0.3 | 8:26 | 0.0 | 8:00 | 0.0 | 7:16 | 7:07 | ☾ |
| 13 | Thu | 2:29 | 0.5 | 2:53 | 0.3 | 9:33 | 0.0 | 9:05 | 0.0 | 7:14 | 7:08 | ☾ |
| 14 | Fri | 3:34 | 0.5 | 4:26 | 0.3 | 10:42 | 0.0 | 10:18 | 0.0 | 7:13 | 7:09 | ☾ |
| 15 | Sat | 4:46 | 0.5 | 5:50 | 0.3 | 11:50 | 0.0 | 11:32 | 0.0 | 7:12 | 7:10 | ☾ |
| 16 | Sun | 5:56 | 0.5 | 6:55 | 0.3 | | | 12:51 | 0.0 | 7:10 | 7:10 | ☾ |
| 17 | Mon | 6:58 | 0.5 | 7:49 | 0.4 | 12:42 | 0.0 | 1:46 | 0.0 | 7:09 | 7:11 | ☾ |
| 18 | Tue | 7:53 | 0.5 | 8:36 | 0.4 | 1:45 | 0.0 | 2:33 | 0.0 | 7:07 | 7:12 | ☾ |
| 19 | Wed | 8:42 | 0.5 | 9:19 | 0.4 | 2:41 | 0.0 | 3:16 | 0.0 | 7:06 | 7:13 | ☾ |
| 20 | Thu | 9:27 | 0.4 | 9:58 | 0.5 | 3:31 | 0.0 | 3:53 | 0.0 | 7:04 | 7:14 | ☾ |
| 21 | Fri | 10:09 | 0.4 | 10:34 | 0.5 | 4:17 | 0.0 | 4:27 | 0.0 | 7:03 | 7:15 | ☾ |
| 22 | Sat | 10:48 | 0.4 | 11:09 | 0.5 | 5:01 | 0.0 | 4:57 | 0.0 | 7:02 | 7:16 | ☾ |
| 23 | Sun | 11:25 | 0.3 | 11:43 | 0.5 | 5:42 | 0.0 | 5:25 | 0.0 | 7:00 | 7:16 | ☾ |
| 24 | Mon | 11:58 | 0.3 | | | 6:22 | 0.0 | 5:53 | 0.0 | 6:59 | 7:17 | ☾ |
| 25 | Tue | 12:16 | 0.4 | 12:30 | 0.3 | 7:02 | 0.0 | 6:23 | 0.0 | 6:57 | 7:18 | ☾ |
| 26 | Wed | 12:50 | 0.4 | 1:02 | 0.3 | 7:43 | 0.0 | 6:59 | 0.0 | 6:56 | 7:19 | ☾ |
| 27 | Thu | 1:28 | 0.4 | 1:39 | 0.2 | 8:28 | 0.0 | 7:41 | 0.0 | 6:54 | 7:20 | ☾ |
| 28 | Fri | 2:11 | 0.4 | 2:26 | 0.2 | 9:18 | 0.0 | 8:32 | 0.0 | 6:53 | 7:21 | ☾ |
| 29 | Sat | 3:01 | 0.4 | 3:27 | 0.2 | 10:13 | 0.0 | 9:31 | 0.0 | 6:51 | 7:21 | ☾ |
| 30 | Sun | 3:58 | 0.4 | 5:23 | 0.2 | 11:10 | 0.0 | 10:34 | 0.0 | 6:50 | 7:22 | ☾ |
| 31 | Mon | 5:03 | 0.4 | 6:26 | 0.3 | | | 12:02 | 0.0 | 6:49 | 7:23 | ☾ |