
































## Roanoke Sound Channel, NC - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:21	0.5	7:43	0.3	12:26	0.0	2:06	0.0	7:12	4:59	
2	Mon	8:12	0.5	8:36	0.3	1:27	0.0	2:59	0.0	7:12	5:00	
3	Tue	9:02	0.5	9:28	0.4	2:26	0.0	3:50	0.0	7:12	5:01	
4	Wed	9:50	0.5	10:21	0.4	3:24	0.0	4:40	0.0	7:12	5:02	
5	Thu	10:39	0.5	11:14	0.4	4:23	0.0	5:30	0.0	7:12	5:03	
6	Fri	11:28	0.5			5:23	0.0	6:19	0.0	7:12	5:04	
7	Sat	12:10	0.4	12:19	0.4	6:24	0.0	7:08	0.0	7:12	5:04	
8	Sun	1:08	0.4	1:13	0.4	7:27	0.0	7:58	0.0	7:12	5:05	
9	Mon	2:08	0.4	2:15	0.3	8:32	0.0	8:49	0.0	7:12	5:06	
10	Tue	3:10	0.4	3:30	0.3	9:40	0.0	9:43	0.0	7:12	5:07	
11	Wed	4:11	0.4	4:45	0.2	10:50	0.0	10:39	0.0	7:12	5:08	
12	Thu	5:10	0.4	5:51	0.2	11:56	0.0	11:37	0.0	7:12	5:09	
13	Fri	6:04	0.4	6:47	0.2			12:54	0.0	7:11	5:10	
14	Sat	6:54	0.4	7:35	0.2	12:31	0.0	1:45	0.0	7:11	5:11	
15	Sun	7:39	0.4	8:18	0.2	1:21	0.0	2:28	0.0	7:11	5:12	
16	Mon	8:20	0.4	8:57	0.2	2:04	0.0	3:07	0.0	7:11	5:13	
17	Tue	8:58	0.4	9:33	0.2	2:44	0.0	3:43	0.0	7:10	5:14	
18	Wed	9:32	0.4	10:04	0.2	3:19	0.0	4:16	0.0	7:10	5:15	
19	Thu	10:03	0.3	10:31	0.2	3:53	0.0	4:47	0.0	7:09	5:16	
20	Fri	10:32	0.3	10:57	0.2	4:26	0.0	5:15	0.0	7:09	5:17	
21	Sat	11:02	0.3	11:27	0.3	5:01	0.0	5:40	0.0	7:08	5:18	
22	Sun	11:36	0.3			5:38	0.0	6:04	0.0	7:08	5:19	
23	Mon	12:04	0.3	12:13	0.3	6:19	0.0	6:29	0.0	7:07	5:20	
24	Tue	12:48	0.3	12:56	0.2	7:07	0.0	7:02	0.0	7:07	5:21	
25	Wed	1:38	0.3	1:44	0.2	8:03	0.0	7:47	0.0	7:06	5:22	
26	Thu	2:36	0.3	2:42	0.2	9:09	0.0	8:44	0.0	7:06	5:23	
27	Fri	3:42	0.4	3:53	0.2	10:25	0.0	9:51	0.0	7:05	5:24	
28	Sat	4:54	0.4	5:17	0.2	11:43	0.0	11:03	0.0	7:04	5:25	
29	Sun	6:02	0.4	6:32	0.2			12:50	0.0	7:04	5:26	
30	Mon	7:01	0.5	7:31	0.3	12:13	0.0	1:47	0.0	7:03	5:27	
31	Tue	7:54	0.5	8:25	0.3	1:18	0.0	2:38	0.0	7:02	5:28	