
































## Roanoke Sound Channel, NC - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:40	0.4	5:40	0.3	11:36	0.0	11:22	0.0	6:31	5:57	
2	Fri	5:41	0.4	6:33	0.3			12:32	0.0	6:30	5:58	
3	Sat	6:34	0.4	7:20	0.3	12:21	0.0	1:19	0.0	6:28	5:59	
4	Sun	7:21	0.4	8:01	0.3	1:13	0.0	1:59	0.0	6:27	6:00	
5	Mon	8:03	0.4	8:38	0.3	1:59	0.0	2:34	0.0	6:26	6:01	
6	Tue	8:41	0.4	9:12	0.4	2:40	0.0	3:05	0.0	6:24	6:02	
7	Wed	9:15	0.3	9:42	0.4	3:18	0.0	3:33	0.0	6:23	6:02	
8	Thu	9:46	0.3	10:09	0.4	3:54	0.0	3:58	0.0	6:22	6:03	
9	Fri	10:14	0.3	10:35	0.4	4:29	0.0	4:21	0.0	6:20	6:04	
10	Sat	10:42	0.3	11:05	0.4	5:05	0.0	4:44	0.0	6:19	6:05	
11	Sun			12:14	0.3	6:42	0.0	6:07	0.0	7:17	7:06	
12	Mon	12:41	0.4	12:51	0.2	7:24	0.0	6:36	0.0	7:16	7:07	
13	Tue	1:24	0.4	1:34	0.2	8:11	0.0	7:17	0.0	7:15	7:08	
14	Wed	2:12	0.4	2:24	0.2	9:05	0.0	8:12	0.0	7:13	7:09	
15	Thu	3:08	0.4	3:26	0.2	10:07	0.0	9:19	0.0	7:12	7:09	
16	Fri	4:11	0.4	4:45	0.2	11:13	0.0	10:34	0.0	7:10	7:10	
17	Sat	5:21	0.4	6:12	0.3			12:16	0.0	7:09	7:11	
18	Sun	6:29	0.4	7:19	0.4			1:11	0.0	7:08	7:12	
19	Mon	7:29	0.5	8:14	0.4	1:02	0.0	2:01	0.0	7:06	7:13	
20	Tue	8:23	0.5	9:04	0.5	2:09	0.0	2:48	0.0	7:05	7:14	
21	Wed	9:14	0.5	9:52	0.5	3:10	0.0	3:33	0.0	7:03	7:14	
22	Thu	10:03	0.5	10:39	0.6	4:09	0.0	4:19	0.0	7:02	7:15	
23	Fri	10:52	0.4	11:26	0.6	5:07	0.0	5:05	0.0	7:00	7:16	
24	Sat	11:42	0.4			6:05	0.0	5:54	0.0	6:59	7:17	
25	Sun	12:14	0.6	12:34	0.4	7:04	0.0	6:45	0.0	6:57	7:18	
26	Mon	1:04	0.6	1:33	0.3	8:04	0.0	7:40	0.0	6:56	7:19	
27	Tue	1:57	0.5	2:43	0.3	9:04	0.0	8:39	0.0	6:55	7:20	
28	Wed	2:55	0.5	4:01	0.3	10:05	0.0	9:41	0.0	6:53	7:20	
29	Thu	3:59	0.5	5:13	0.3	11:05	0.0	10:45	0.0	6:52	7:21	
30	Fri	5:05	0.4	6:15	0.3			12:01	0.0	6:50	7:22	
31	Sat	6:06	0.4	7:07	0.3			12:52	0.0	6:49	7:23	