

Southport, NC - Mar 2019

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 4:07 | 4.5 | 4:28 | 3.7 | 10:31 | 0.6 | 10:34 | 0.4 | 6:40 | 6:08 | ☾ |
| 2 | Sat | 5:00 | 4.5 | 5:21 | 3.8 | 11:22 | 0.6 | 11:23 | 0.4 | 6:39 | 6:09 | ☾ |
| 3 | Sun | 5:49 | 4.6 | 6:09 | 3.8 | | | 12:08 | 0.5 | 6:38 | 6:09 | ☾ |
| 4 | Mon | 6:34 | 4.6 | 6:52 | 4.0 | 12:09 | 0.3 | 12:50 | 0.4 | 6:36 | 6:10 | ☾ |
| 5 | Tue | 7:13 | 4.6 | 7:30 | 4.1 | 12:52 | 0.3 | 1:27 | 0.4 | 6:35 | 6:11 | ☾ |
| 6 | Wed | 7:49 | 4.6 | 8:06 | 4.2 | 1:31 | 0.3 | 2:01 | 0.3 | 6:34 | 6:12 | ☾ |
| 7 | Thu | 8:22 | 4.5 | 8:40 | 4.2 | 2:09 | 0.3 | 2:35 | 0.3 | 6:32 | 6:13 | ☾ |
| 8 | Fri | 8:55 | 4.4 | 9:15 | 4.3 | 2:47 | 0.3 | 3:09 | 0.2 | 6:31 | 6:14 | ☾ |
| 9 | Sat | 9:29 | 4.3 | 9:53 | 4.4 | 3:26 | 0.3 | 3:44 | 0.2 | 6:30 | 6:14 | ☾ |
| 10 | Sun | 11:06 | 4.2 | 11:35 | 4.5 | 5:08 | 0.4 | 5:21 | 0.2 | 7:29 | 7:15 | ☾ |
| 11 | Mon | 11:48 | 4.1 | | | 5:53 | 0.4 | 6:02 | 0.2 | 7:27 | 7:16 | ☾ |
| 12 | Tue | 12:22 | 4.5 | 12:36 | 3.9 | 6:42 | 0.5 | 6:47 | 0.3 | 7:26 | 7:17 | ☾ |
| 13 | Wed | 1:15 | 4.6 | 1:31 | 3.8 | 7:38 | 0.6 | 7:42 | 0.3 | 7:25 | 7:18 | ☾ |
| 14 | Thu | 2:15 | 4.6 | 2:37 | 3.7 | 8:43 | 0.6 | 8:47 | 0.3 | 7:23 | 7:18 | ☾ |
| 15 | Fri | 3:22 | 4.7 | 3:46 | 3.8 | 9:50 | 0.5 | 9:55 | 0.2 | 7:22 | 7:19 | ☾ |
| 16 | Sat | 4:25 | 4.8 | 4:51 | 4.0 | 10:51 | 0.3 | 10:57 | 0.0 | 7:21 | 7:20 | ☾ |
| 17 | Sun | 5:26 | 5.0 | 5:52 | 4.2 | 11:47 | 0.1 | 11:56 | -0.2 | 7:19 | 7:21 | ☾ |
| 18 | Mon | 6:24 | 5.2 | 6:50 | 4.5 | | | 12:41 | -0.2 | 7:18 | 7:21 | ☾ |
| 19 | Tue | 7:19 | 5.3 | 7:44 | 4.9 | 12:54 | -0.4 | 1:33 | -0.4 | 7:17 | 7:22 | ☾ |
| 20 | Wed | 8:09 | 5.3 | 8:33 | 5.1 | 1:49 | -0.5 | 2:21 | -0.5 | 7:15 | 7:23 | ☾ |
| 21 | Thu | 8:56 | 5.3 | 9:21 | 5.3 | 2:42 | -0.6 | 3:08 | -0.6 | 7:14 | 7:24 | ☾ |
| 22 | Fri | 9:43 | 5.1 | 10:10 | 5.3 | 3:33 | -0.5 | 3:54 | -0.6 | 7:12 | 7:24 | ☾ |
| 23 | Sat | 10:31 | 4.8 | 11:00 | 5.2 | 4:24 | -0.4 | 4:41 | -0.5 | 7:11 | 7:25 | ☾ |
| 24 | Sun | 11:22 | 4.6 | 11:52 | 5.1 | 5:16 | -0.2 | 5:29 | -0.3 | 7:10 | 7:26 | ☾ |
| 25 | Mon | | | 12:14 | 4.3 | 6:08 | 0.0 | 6:17 | -0.1 | 7:08 | 7:27 | ☾ |
| 26 | Tue | 12:45 | 4.9 | 1:07 | 4.0 | 7:01 | 0.3 | 7:09 | 0.2 | 7:07 | 7:28 | ☾ |
| 27 | Wed | 1:40 | 4.7 | 2:04 | 3.8 | 7:58 | 0.5 | 8:06 | 0.4 | 7:06 | 7:28 | ☾ |
| 28 | Thu | 2:37 | 4.5 | 3:03 | 3.7 | 9:01 | 0.6 | 9:09 | 0.5 | 7:04 | 7:29 | ☾ |
| 29 | Fri | 3:36 | 4.4 | 4:02 | 3.7 | 10:03 | 0.7 | 10:10 | 0.6 | 7:03 | 7:30 | ☾ |
| 30 | Sat | 4:32 | 4.3 | 4:58 | 3.7 | 10:57 | 0.6 | 11:05 | 0.5 | 7:02 | 7:31 | ☾ |
| 31 | Sun | 5:25 | 4.3 | 5:50 | 3.8 | 11:46 | 0.5 | 11:55 | 0.5 | 7:00 | 7:31 | ☾ |