

Southport, NC - Mar 2056

| Date | | High | | | | Low | | | | | | |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 7:16 | 5.2 | 7:36 | 4.6 | 12:53 | -0.2 | 1:31 | -0.2 | 6:39 | 6:09 | |
| 2 | Thu | 7:59 | 5.3 | 8:21 | 4.9 | 1:41 | -0.4 | 2:14 | -0.4 | 6:37 | 6:09 | |
| 3 | Fri | 8:43 | 5.2 | 9:09 | 5.1 | 2:30 | -0.5 | 2:59 | -0.5 | 6:36 | 6:10 | |
| 4 | Sat | 9:31 | 5.1 | 10:02 | 5.2 | 3:22 | -0.4 | 3:46 | -0.6 | 6:35 | 6:11 | |
| 5 | Sun | 10:23 | 4.9 | 10:57 | 5.2 | 4:16 | -0.4 | 4:36 | -0.5 | 6:34 | 6:12 | |
| 6 | Mon | 11:18 | 4.6 | 11:55 | 5.2 | 5:11 | -0.2 | 5:27 | -0.4 | 6:32 | 6:13 | |
| 7 | Tue | | | 12:16 | 4.4 | 6:10 | 0.0 | 6:23 | -0.2 | 6:31 | 6:14 | |
| 8 | Wed | 12:56 | 5.0 | 1:19 | 4.1 | 7:14 | 0.2 | 7:26 | -0.1 | 6:30 | 6:14 | |
| 9 | Thu | 1:59 | 4.9 | 2:24 | 4.0 | 8:23 | 0.3 | 8:34 | 0.1 | 6:28 | 6:15 | |
| 10 | Fri | 3:03 | 4.9 | 3:28 | 4.0 | 9:28 | 0.3 | 9:37 | 0.1 | 6:27 | 6:16 | |
| 11 | Sat | 4:03 | 4.8 | 4:28 | 4.0 | 10:27 | 0.3 | 10:35 | 0.1 | 6:26 | 6:17 | |
| 12 | Sun | 6:00 | 4.8 | 6:24 | 4.1 | | | 12:22 | 0.2 | 7:25 | 7:18 | |
| 13 | Mon | 6:53 | 4.8 | 7:16 | 4.2 | 12:30 | 0.1 | 1:11 | 0.2 | 7:23 | 7:18 | |
| 14 | Tue | 7:40 | 4.8 | 8:01 | 4.3 | 1:20 | 0.1 | 1:55 | 0.2 | 7:22 | 7:19 | |
| 15 | Wed | 8:21 | 4.7 | 8:41 | 4.4 | 2:05 | 0.1 | 2:34 | 0.2 | 7:20 | 7:20 | |
| 16 | Thu | 8:59 | 4.6 | 9:18 | 4.4 | 2:46 | 0.2 | 3:10 | 0.2 | 7:19 | 7:21 | |
| 17 | Fri | 9:35 | 4.4 | 9:54 | 4.4 | 3:25 | 0.2 | 3:45 | 0.2 | 7:18 | 7:21 | |
| 18 | Sat | 10:10 | 4.3 | 10:32 | 4.4 | 4:04 | 0.3 | 4:20 | 0.3 | 7:16 | 7:22 | |
| 19 | Sun | 10:47 | 4.1 | 11:11 | 4.4 | 4:44 | 0.4 | 4:56 | 0.3 | 7:15 | 7:23 | |
| 20 | Mon | 11:27 | 4.0 | 11:53 | 4.4 | 5:26 | 0.4 | 5:34 | 0.4 | 7:14 | 7:24 | |
| 21 | Tue | | | 12:09 | 3.8 | 6:10 | 0.6 | 6:14 | 0.5 | 7:12 | 7:24 | |
| 22 | Wed | 12:39 | 4.3 | 12:55 | 3.7 | 6:57 | 0.7 | 6:59 | 0.6 | 7:11 | 7:25 | |
| 23 | Thu | 1:29 | 4.3 | 1:48 | 3.6 | 7:51 | 0.8 | 7:52 | 0.6 | 7:10 | 7:26 | |
| 24 | Fri | 2:25 | 4.3 | 2:50 | 3.5 | 8:53 | 0.8 | 8:55 | 0.7 | 7:08 | 7:27 | |
| 25 | Sat | 3:26 | 4.3 | 3:52 | 3.6 | 9:54 | 0.7 | 9:57 | 0.6 | 7:07 | 7:28 | |
| 26 | Sun | 4:24 | 4.5 | 4:50 | 3.8 | 10:49 | 0.5 | 10:54 | 0.4 | 7:06 | 7:28 | |
| 27 | Mon | 5:19 | 4.6 | 5:45 | 4.0 | 11:39 | 0.3 | 11:48 | 0.1 | 7:04 | 7:29 | |
| 28 | Tue | 6:12 | 4.8 | 6:38 | 4.4 | | | 12:28 | 0.1 | 7:03 | 7:30 | |
| 29 | Wed | 7:03 | 4.9 | 7:28 | 4.7 | 12:41 | -0.1 | 1:15 | -0.2 | 7:02 | 7:31 | |
| 30 | Thu | 7:51 | 5.1 | 8:15 | 5.1 | 1:34 | -0.3 | 2:00 | -0.4 | 7:00 | 7:31 | |
| 31 | Fri | 8:36 | 5.1 | 9:01 | 5.4 | 2:24 | -0.5 | 2:46 | -0.6 | 6:59 | 7:32 | |