US HARBORS www.USHarbors.com

Sunset Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:05	6.0	5:32	4.7	11:43	-0.2	11:40	-0.9	7:19	5:16	
2	Fri	6:03	6.2	6:29	4.9			12:39	-0.5	7:19	5:17	
3	Sat	6:56	6.4	7:21	5.0	12:35	-1.1	1:31	-0.6	7:19	5:17	
4	Sun	7:45	6.3	8:11	5.0	1:29	-1.1	2:21	-0.7	7:19	5:18	
5	Mon	8:34	6.1	9:02	5.0	2:19	-1.0	3:07	-0.6	7:19	5:19	
6	Tue	9:24	5.8	9:55	4.8	3:08	-0.8	3:52	-0.4	7:19	5:20	
7	Wed	10:15	5.3	10:50	4.7	3:56	-0.4	4:36	-0.2	7:19	5:21	
8	Thu	11:06	4.9	11:44	4.7	4:44	0.0	5:18	0.1	7:19	5:21	
9	Fri	11:56	4.4			5:34	0.4	6:03	0.4	7:19	5:22	
10	Sat	12:35	4.6	12:42	4.1	6:29	0.8	6:53	0.5	7:19	5:23	
11	Sun	1:25	4.6	1:29	3.8	7:33	1.0	7:51	0.7	7:19	5:24	
12	Mon	2:16	4.5	2:19	3.7	8:40	1.1	8:50	0.7	7:19	5:25	
13	Tue	3:09	4.5	3:12	3.6	9:37	1.1	9:43	0.6	7:19	5:26	
14	Wed	4:03	4.6	4:09	3.7	10:27	1.0	10:32	0.5	7:18	5:27	
15	Thu	4:56	4.7	5:03	3.8	11:14	0.8	11:17	0.3	7:18	5:28	
16	Fri	5:43	4.9	5:50	3.9	11:59	0.6			7:18	5:29	
17	Sat	6:25	5.2	6:31	4.1	12:01	0.2	12:42	0.4	7:18	5:30	
18	Sun	7:02	5.3	7:07	4.2	12:42	0.1	1:23	0.2	7:17	5:31	
19	Mon	7:37	5.4	7:41	4.3	1:22	0.0	2:01	0.1	7:17	5:32	
20	Tue	8:11	5.4	8:17	4.5	2:00	0.0	2:37	0.0	7:17	5:33	
21	Wed	8:47	5.3	8:58	4.6	2:38	0.0	3:13	0.0	7:16	5:34	
22	Thu	9:27	5.1	9:46	4.7	3:18	0.1	3:50	-0.1	7:16	5:34	
23	Fri	10:14	4.9	10:41	4.8	4:01	0.2	4:29	-0.1	7:15	5:35	
24	Sat	11:06	4.6	11:39	4.9	4:49	0.4	5:14	0.0	7:15	5:36	
25	Sun			12:02	4.5	5:45	0.7	6:06	0.0	7:14	5:37	
26	Mon	12:39	5.1	1:01	4.3	6:57	0.8	7:11	0.1	7:14	5:38	
27	Tue	1:40	5.2	2:05	4.3	8:21	0.8	8:25	0.0	7:13	5:39	
28	Wed	2:45	5.4	3:12	4.3	9:34	0.6	9:33	-0.2	7:13	5:40	
29	Thu	3:50	5.6	4:19	4.5	10:36	0.3	10:33	-0.4	7:12	5:41	
30	Fri	4:54	5.8	5:21	4.8	11:32	0.0	11:30	-0.7	7:11	5:42	
31	Sat	5:52	6.1	6:17	5.1			12:24	-0.2	7:11	5:43	