US HARBORS www.USHarbors.com

Sunset Beach, NC - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:47	4.9	8:11	6.0	1:54	0.7	1:54	0.7	6:24	7:57	
2	Sat	8:22	4.8	8:47	5.9	2:33	0.8	2:32	0.8	6:23	7:58	
3	Sun	8:57	4.7	9:24	5.6	3:12	0.9	3:10	1.0	6:22	7:59	
4	Mon	9:34	4.5	10:04	5.3	3:50	1.0	3:49	1.2	6:21	7:59	
5	Tue	10:17	4.3	10:52	5.1	4:30	1.2	4:29	1.4	6:20	8:00	
6	Wed	11:11	4.1	11:46	5.0	5:12	1.3	5:10	1.5	6:19	8:01	
7	Thu			12:11	4.1	5:57	1.4	5:55	1.6	6:18	8:02	
8	Fri	12:40	4.9	1:04	4.2	6:46	1.4	6:46	1.7	6:18	8:02	
9	Sat	1:29	5.0	1:53	4.4	7:39	1.3	7:48	1.6	6:17	8:03	
10	Sun	2:16	5.1	2:40	4.7	8:35	1.2	8:56	1.4	6:16	8:04	
11	Mon	3:04	5.1	3:29	5.1	9:28	0.9	9:59	1.1	6:15	8:05	
12	Tue	3:53	5.2	4:19	5.6	10:16	0.6	10:54	0.8	6:14	8:05	
13	Wed	4:45	5.2	5:12	6.1	11:02	0.3	11:47	0.5	6:14	8:06	
14	Thu	5:38	5.3	6:05	6.5	11:49	0.0			6:13	8:07	
15	Fri	6:32	5.4	6:58	6.8	12:41	0.3	12:39	-0.2	6:12	8:08	
16	Sat	7:25	5.4	7:50	7.0	1:35	0.1	1:32	-0.3	6:11	8:08	
17	Sun	8:18	5.4	8:42	6.9	2:30	0.0	2:27	-0.3	6:11	8:09	
18	Mon	9:13	5.3	9:38	6.7	3:25	0.0	3:23	-0.2	6:10	8:10	
19	Tue	10:14	5.2	10:39	6.4	4:21	0.1	4:20	-0.1	6:09	8:11	
20	Wed	11:23	5.1	11:45	6.2	5:18	0.2	5:19	0.2	6:09	8:11	
21	Thu			12:30	5.1	6:16	0.3	6:20	0.4	6:08	8:12	
22	Fri	12:48	5.9	1:31	5.2	7:15	0.4	7:24	0.6	6:08	8:13	
23	Sat	1:46	5.7	2:25	5.4	8:16	0.5	8:32	0.7	6:07	8:14	
24	Sun	2:39	5.4	3:17	5.5	9:12	0.5	9:36	0.8	6:07	8:14	
25	Mon	3:29	5.1	4:06	5.6	10:02	0.5	10:31	0.8	6:06	8:15	
26	Tue	4:18	4.9	4:54	5.7	10:45	0.5	11:20	0.8	6:06	8:16	
27	Wed	5:06	4.7	5:41	5.7	11:24	0.5			6:05	8:16	
28	Thu	5:53	4.5	6:26	5.8	12:04	0.8	12:04	0.6	6:05	8:17	
29	Fri	6:38	4.4	7:08	5.7	12:47	0.8	12:44	0.6	6:04	8:18	
30	Sat	7:20	4.4	7:48	5.7	1:30	0.8	1:25	0.7	6:04	8:18	
31	Sun	7:59	4.4	8:26	5.6	2:11	0.8	2:07	0.8	6:04	8:19	