

Sunset Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:21	4.7	2:26	4.2	8:44	0.6	9:01	0.1	7:18	5:16	
2	Thu	3:18	5.1	3:26	4.3	9:47	0.3	9:57	-0.2	7:19	5:16	
3	Fri	4:17	5.5	4:27	4.5	10:45	0.0	10:51	-0.6	7:19	5:17	
4	Sat	5:14	6.0	5:26	4.7	11:41	-0.3	11:46	-0.9	7:19	5:18	
5	Sun	6:09	6.4	6:23	4.9			12:36	-0.6	7:19	5:19	
6	Mon	7:01	6.6	7:16	5.1	12:41	-1.1	1:29	-0.8	7:19	5:20	
7	Tue	7:52	6.6	8:08	5.2	1:35	-1.2	2:21	-1.0	7:19	5:20	
8	Wed	8:44	6.5	9:04	5.1	2:28	-1.2	3:11	-0.9	7:19	5:21	
9	Thu	9:39	6.2	10:04	5.0	3:21	-1.0	4:02	-0.8	7:19	5:22	
10	Fri	10:37	5.8	11:06	4.9	4:15	-0.6	4:52	-0.6	7:19	5:23	
11	Sat	11:36	5.4			5:11	-0.2	5:45	-0.4	7:19	5:24	
12	Sun	12:06	4.9	12:31	5.1	6:12	0.2	6:41	-0.1	7:19	5:25	
13	Mon	1:02	4.9	1:25	4.7	7:22	0.5	7:40	0.1	7:19	5:26	
14	Tue	1:57	4.8	2:19	4.4	8:34	0.6	8:39	0.2	7:18	5:27	
15	Wed	2:52	4.8	3:14	4.1	9:36	0.7	9:31	0.2	7:18	5:28	
16	Thu	3:47	4.9	4:08	4.1	10:29	0.7	10:19	0.1	7:18	5:28	
17	Fri	4:40	4.9	5:01	4.1	11:15	0.6	11:04	0.1	7:18	5:29	
18	Sat	5:30	5.0	5:49	4.2	11:59	0.6	11:48	0.0	7:17	5:30	
19	Sun	6:13	5.1	6:31	4.3			12:40	0.5	7:17	5:31	
20	Mon	6:51	5.2	7:09	4.4	12:31	-0.1	1:18	0.4	7:17	5:32	
21	Tue	7:26	5.2	7:45	4.4	1:11	-0.1	1:55	0.4	7:16	5:33	
22	Wed	7:58	5.1	8:19	4.3	1:49	0.0	2:30	0.3	7:16	5:34	
23	Thu	8:30	5.1	8:55	4.2	2:25	0.1	3:04	0.4	7:15	5:35	
24	Fri	9:03	4.9	9:33	4.2	3:01	0.2	3:38	0.4	7:15	5:36	
25	Sat	9:41	4.8	10:18	4.2	3:37	0.4	4:11	0.5	7:14	5:37	
26	Sun	10:24	4.6	11:07	4.2	4:15	0.5	4:46	0.5	7:14	5:38	
27	Mon	11:12	4.4	11:59	4.4	4:58	0.6	5:24	0.5	7:13	5:39	
28	Tue			12:03	4.3	5:50	0.8	6:12	0.5	7:13	5:40	
29	Wed	12:52	4.7	12:57	4.3	6:55	0.9	7:15	0.5	7:12	5:41	
30	Thu	1:49	5.0	1:56	4.3	8:12	0.8	8:27	0.3	7:11	5:42	
31	Fri	2:51	5.3	3:00	4.4	9:24	0.5	9:33	-0.1	7:11	5:43	