

































## Wilmington Beach, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:17	5.6	5:35	3.5	11:45	-0.3	11:22	-0.8	7:17	5:13	
2	Fri	6:13	5.8	6:31	3.7			12:40	-0.5	7:17	5:14	
3	Sat	7:07	5.8	7:26	3.8	12:19	-0.9	1:31	-0.6	7:17	5:14	
4	Sun	7:59	5.7	8:19	3.9	1:14	-0.9	2:21	-0.6	7:17	5:15	
5	Mon	8:49	5.5	9:12	4.0	2:09	-0.8	3:09	-0.6	7:17	5:16	
6	Tue	9:38	5.1	10:05	4.0	3:03	-0.6	3:56	-0.5	7:17	5:17	
7	Wed	10:27	4.6	10:58	3.9	3:57	-0.4	4:42	-0.3	7:17	5:18	
8	Thu	11:15	4.2	11:52	3.9	4:53	-0.1	5:27	-0.2	7:17	5:19	
9	Fri			12:04	3.7	5:52	0.2	6:12	0.0	7:17	5:19	
10	Sat	12:48	3.9	12:56	3.2	6:55	0.5	6:59	0.1	7:17	5:20	
11	Sun	1:45	3.9	1:51	2.9	8:02	0.6	7:47	0.3	7:17	5:21	
12	Mon	2:42	3.9	2:49	2.7	9:07	0.6	8:37	0.3	7:17	5:22	
13	Tue	3:36	4.0	3:46	2.6	10:06	0.6	9:28	0.3	7:17	5:23	
14	Wed	4:27	4.1	4:38	2.7	10:57	0.5	10:18	0.2	7:16	5:24	
15	Thu	5:13	4.3	5:25	2.8	11:42	0.3	11:04	0.1	7:16	5:25	
16	Fri	5:56	4.4	6:08	2.9			12:22	0.2	7:16	5:26	
17	Sat	6:36	4.6	6:48	3.1			1:00	0.1	7:16	5:27	
18	Sun	7:14	4.7	7:27	3.2	12:30	-0.2	1:36	-0.1	7:15	5:28	
19	Mon	7:51	4.7	8:05	3.4	1:10	-0.3	2:10	-0.2	7:15	5:29	
20	Tue	8:27	4.7	8:44	3.6	1:50	-0.3	2:44	-0.2	7:15	5:30	
21	Wed	9:04	4.6	9:25	3.7	2:32	-0.3	3:18	-0.3	7:14	5:31	
22	Thu	9:42	4.4	10:08	3.9	3:16	-0.3	3:53	-0.3	7:14	5:32	
23	Fri	10:23	4.1	10:55	4.1	4:04	-0.2	4:31	-0.3	7:13	5:33	
24	Sat	11:08	3.8	11:48	4.2	4:57	0.0	5:13	-0.3	7:13	5:34	
25	Sun	11:59	3.5			5:57	0.1	6:01	-0.3	7:12	5:35	
26	Mon	12:47	4.4	12:58	3.2	7:05	0.2	6:56	-0.3	7:12	5:36	
27	Tue	1:52	4.5	2:04	3.0	8:18	0.2	7:59	-0.4	7:11	5:37	
28	Wed	2:59	4.7	3:15	3.0	9:31	0.1	9:06	-0.4	7:10	5:38	
29	Thu	4:06	4.9	4:24	3.1	10:36	-0.1	10:12	-0.6	7:10	5:39	
30	Fri	5:07	5.1	5:26	3.4	11:35	-0.3	11:15	-0.7	7:09	5:40	
31	Sat	6:04	5.3	6:22	3.6			12:27	-0.5	7:08	5:41	