

Wilmington, NC - Aug 2004

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:43 | 4.4 | 11:23 | 5.2 | 5:12 | -0.2 | 5:18 | -0.4 | 6:23 | 8:12 | ☉ |
| 2 | Mon | 11:39 | 4.5 | | | 6:01 | -0.3 | 6:10 | -0.3 | 6:23 | 8:12 | ☉ |
| 3 | Tue | 12:13 | 5.1 | 12:35 | 4.5 | 6:47 | -0.3 | 7:00 | -0.1 | 6:24 | 8:11 | ☉ |
| 4 | Wed | 1:02 | 4.9 | 1:28 | 4.6 | 7:31 | -0.2 | 7:50 | 0.1 | 6:25 | 8:10 | ☾ |
| 5 | Thu | 1:49 | 4.7 | 2:21 | 4.6 | 8:15 | -0.1 | 8:41 | 0.4 | 6:26 | 8:09 | ☾ |
| 6 | Fri | 2:36 | 4.6 | 3:11 | 4.7 | 8:59 | 0.1 | 9:35 | 0.6 | 6:26 | 8:08 | ☾ |
| 7 | Sat | 3:24 | 4.4 | 4:01 | 4.7 | 9:44 | 0.2 | 10:30 | 0.7 | 6:27 | 8:07 | ☾ |
| 8 | Sun | 4:13 | 4.3 | 4:50 | 4.7 | 10:31 | 0.3 | 11:26 | 0.8 | 6:28 | 8:06 | ☾ |
| 9 | Mon | 5:02 | 4.2 | 5:39 | 4.8 | 11:19 | 0.4 | | | 6:29 | 8:05 | ☾ |
| 10 | Tue | 5:52 | 4.1 | 6:30 | 4.8 | 12:20 | 0.8 | 12:08 | 0.4 | 6:29 | 8:04 | ☾ |
| 11 | Wed | 6:44 | 4.1 | 7:22 | 4.8 | 1:12 | 0.7 | 12:59 | 0.4 | 6:30 | 8:03 | ☾ |
| 12 | Thu | 7:36 | 4.1 | 8:12 | 4.9 | 2:02 | 0.6 | 1:49 | 0.4 | 6:31 | 8:02 | ☾ |
| 13 | Fri | 8:27 | 4.2 | 8:59 | 4.9 | 2:50 | 0.6 | 2:37 | 0.3 | 6:31 | 8:01 | ☾ |
| 14 | Sat | 9:13 | 4.2 | 9:41 | 4.9 | 3:35 | 0.5 | 3:24 | 0.3 | 6:32 | 8:00 | ☾ |
| 15 | Sun | 9:56 | 4.3 | 10:18 | 4.9 | 4:18 | 0.4 | 4:09 | 0.2 | 6:33 | 7:58 | ☾ |
| 16 | Mon | 10:35 | 4.3 | 10:48 | 4.9 | 4:59 | 0.4 | 4:53 | 0.2 | 6:34 | 7:57 | ☾ |
| 17 | Tue | 11:09 | 4.3 | 11:10 | 4.8 | 5:37 | 0.3 | 5:36 | 0.3 | 6:34 | 7:56 | ☾ |
| 18 | Wed | 11:37 | 4.4 | 11:32 | 4.8 | 6:14 | 0.2 | 6:19 | 0.3 | 6:35 | 7:55 | ☾ |
| 19 | Thu | | | 12:05 | 4.5 | 6:49 | 0.2 | 7:04 | 0.4 | 6:36 | 7:54 | ☾ |
| 20 | Fri | 12:07 | 4.8 | 12:44 | 4.7 | 7:24 | 0.1 | 7:52 | 0.5 | 6:37 | 7:53 | ☾ |
| 21 | Sat | 12:52 | 4.6 | 1:35 | 4.8 | 8:03 | 0.1 | 8:47 | 0.7 | 6:37 | 7:51 | ☾ |
| 22 | Sun | 1:46 | 4.5 | 2:38 | 4.9 | 8:49 | 0.2 | 9:53 | 0.8 | 6:38 | 7:50 | ☾ |
| 23 | Mon | 2:51 | 4.3 | 3:53 | 4.9 | 9:46 | 0.2 | 11:02 | 0.8 | 6:39 | 7:49 | ☾ |
| 24 | Tue | 4:06 | 4.2 | 5:05 | 5.0 | 10:54 | 0.3 | | | 6:39 | 7:48 | ☾ |
| 25 | Wed | 5:18 | 4.1 | 6:14 | 5.1 | 12:09 | 0.7 | 12:03 | 0.2 | 6:40 | 7:46 | ☾ |
| 26 | Thu | 6:28 | 4.2 | 7:22 | 5.2 | 1:11 | 0.6 | 1:10 | 0.1 | 6:41 | 7:45 | ☾ |
| 27 | Fri | 7:35 | 4.3 | 8:25 | 5.3 | 2:10 | 0.4 | 2:13 | 0.0 | 6:42 | 7:44 | ☉ |
| 28 | Sat | 8:36 | 4.5 | 9:20 | 5.3 | 3:05 | 0.2 | 3:12 | -0.1 | 6:42 | 7:42 | ☉ |
| 29 | Sun | 9:32 | 4.7 | 10:10 | 5.3 | 3:57 | 0.0 | 4:07 | -0.2 | 6:43 | 7:41 | ☉ |
| 30 | Mon | 10:25 | 4.8 | 10:57 | 5.3 | 4:46 | -0.1 | 5:00 | -0.2 | 6:44 | 7:40 | ☉ |
| 31 | Tue | 11:16 | 4.9 | 11:42 | 5.1 | 5:33 | -0.1 | 5:50 | -0.1 | 6:44 | 7:38 | ☉ |