

































Wilmington, NC - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:50	4.4	3:26	4.3	9:20	0.2	9:37	0.7	6:03	8:27	
2	Wed	3:37	4.3	4:15	4.4	10:05	0.3	10:33	0.8	6:04	8:27	
3	Thu	4:23	4.1	5:04	4.5	10:50	0.3	11:29	0.8	6:04	8:27	
4	Fri	5:11	4.0	5:52	4.6	11:35	0.3			6:05	8:27	
5	Sat	6:00	3.9	6:42	4.7	12:23	0.7	12:20	0.3	6:05	8:27	
6	Sun	6:50	3.9	7:32	4.8	1:16	0.7	1:07	0.3	6:06	8:27	
7	Mon	7:41	3.8	8:21	4.8	2:08	0.6	1:54	0.3	6:06	8:26	
8	Tue	8:31	3.8	9:07	4.8	2:57	0.5	2:41	0.2	6:07	8:26	
9	Wed	9:16	3.8	9:49	4.9	3:44	0.4	3:28	0.2	6:07	8:26	
10	Thu	9:58	3.9	10:26	4.9	4:29	0.3	4:14	0.1	6:08	8:26	
11	Fri	10:36	3.9	11:00	4.9	5:13	0.2	4:59	0.1	6:09	8:25	
12	Sat	11:12	3.9	11:30	4.9	5:55	0.1	5:45	0.0	6:09	8:25	
13	Sun	11:49	4.0			6:35	0.0	6:30	0.0	6:10	8:25	
14	Mon	12:04	4.8	12:32	4.2	7:15	-0.1	7:17	0.1	6:10	8:24	
15	Tue	12:46	4.8	1:24	4.3	7:56	-0.1	8:09	0.2	6:11	8:24	
16	Wed	1:37	4.7	2:24	4.5	8:40	-0.2	9:09	0.4	6:12	8:23	
17	Thu	2:36	4.5	3:27	4.7	9:30	-0.2	10:16	0.5	6:12	8:23	
18	Fri	3:39	4.4	4:30	4.8	10:25	-0.2	11:24	0.5	6:13	8:22	
19	Sat	4:42	4.2	5:31	4.9	11:24	-0.2			6:14	8:22	
20	Sun	5:45	4.1	6:34	5.0	12:29	0.4	12:24	-0.2	6:14	8:21	
21	Mon	6:48	4.0	7:37	5.1	1:31	0.3	1:25	-0.2	6:15	8:21	
22	Tue	7:51	4.0	8:38	5.1	2:30	0.2	2:25	-0.2	6:16	8:20	
23	Wed	8:50	4.1	9:33	5.1	3:25	0.1	3:22	-0.2	6:16	8:19	
24	Thu	9:45	4.2	10:24	5.0	4:18	0.0	4:16	-0.2	6:17	8:19	
25	Fri	10:38	4.3	11:12	5.0	5:07	-0.1	5:08	-0.2	6:18	8:18	
26	Sat	11:30	4.3	11:57	4.8	5:54	-0.1	5:56	0.0	6:18	8:17	
27	Sun			12:21	4.3	6:37	0.0	6:43	0.1	6:19	8:17	
28	Mon	12:42	4.7	1:10	4.3	7:18	0.1	7:27	0.3	6:20	8:16	
29	Tue	1:25	4.5	1:59	4.4	7:57	0.2	8:12	0.6	6:21	8:15	
30	Wed	2:09	4.3	2:48	4.4	8:34	0.3	9:00	0.8	6:21	8:14	
31	Thu	2:55	4.2	3:36	4.5	9:12	0.4	9:53	0.9	6:22	8:13	