US HARBORS www.USHarbors.com

Wilmington, NC - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:25	4.7	7:43	3.9	1:17	-0.6	2:17	-0.3	7:17	5:13	
2	Fri	8:25	4.8	8:39	4.0	2:15	-0.7	3:12	-0.5	7:17	5:13	
3	Sat	9:20	4.8	9:34	4.0	3:11	-0.9	4:04	-0.6	7:18	5:14	
4	Sun	10:14	4.8	10:27	4.1	4:05	-0.9	4:54	-0.7	7:18	5:15	
5	Mon	11:05	4.7	11:21	4.1	4:57	-0.9	5:41	-0.6	7:18	5:16	
6	Tue	11:54	4.5			5:46	-0.8	6:26	-0.6	7:18	5:17	
7	Wed	12:13	4.1	12:41	4.3	6:34	-0.5	7:10	-0.4	7:18	5:18	
8	Thu	1:05	4.1	1:27	4.2	7:23	-0.3	7:55	-0.3	7:18	5:18	
9	Fri	1:56	4.1	2:14	4.0	8:14	0.0	8:40	-0.1	7:18	5:19	
10	Sat	2:47	4.1	3:02	3.8	9:09	0.2	9:27	-0.1	7:18	5:20	
11	Sun	3:37	4.1	3:50	3.7	10:05	0.2	10:15	0.0	7:18	5:21	
12	Mon	4:27	4.2	4:40	3.6	11:01	0.3	11:04	0.0	7:17	5:22	
13	Tue	5:19	4.2	5:32	3.6	11:55	0.2	11:53	0.0	7:17	5:23	
14	Wed	6:11	4.2	6:24	3.6			12:47	0.1	7:17	5:24	
15	Thu	7:04	4.2	7:15	3.6	12:43	-0.1	1:37	0.1	7:17	5:25	
16	Fri	7:52	4.3	8:01	3.6	1:31	-0.2	2:23	0.0	7:17	5:26	
17	Sat	8:37	4.3	8:44	3.7	2:17	-0.3	3:08	-0.1	7:16	5:27	
18	Sun	9:16	4.3	9:21	3.7	3:01	-0.3	3:50	-0.2	7:16	5:28	
19	Mon	9:50	4.3	9:53	3.7	3:44	-0.4	4:30	-0.2	7:16	5:29	
20	Tue	10:18	4.3	10:19	3.8	4:26	-0.5	5:08	-0.3	7:15	5:30	
21	Wed	10:39	4.3	10:47	3.9	5:08	-0.5	5:44	-0.3	7:15	5:31	
22	Thu	11:09	4.2	11:26	4.0	5:51	-0.4	6:21	-0.4	7:14	5:32	
23	Fri	11:51	4.1			6:36	-0.3	7:00	-0.4	7:14	5:33	
24	Sat	12:14	4.1	12:43	4.0	7:29	-0.1	7:44	-0.4	7:13	5:33	
25	Sun	1:13	4.1	1:46	3.8	8:34	0.0	8:39	-0.3	7:13	5:34	
26	Mon	2:24	4.2	3:00	3.6	9:46	0.1	9:43	-0.3	7:12	5:35	
27	Tue	3:42	4.2	4:12	3.5	10:56	0.1	10:52	-0.3	7:12	5:36	
28	Wed	4:56	4.3	5:21	3.5			12:01	0.0	7:11	5:37	
29	Thu	6:08	4.3	6:28	3.6			1:02	-0.2	7:10	5:38	
30	Fri	7:16	4.5	7:30	3.8	1:02	-0.6	1:59	-0.4	7:10	5:39	
31	Sat	8:14	4.6	8:26	4.0	2:01	-0.8	2:52	-0.6	7:09	5:40	